

Clinical Reflexology

A guide for integrated practice

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Second Edition

Denise Tiran

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Clinical Reflexology A Guide For Integrated Practice 2e

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Clinical Reflexology A Guide For Integrated Practice 2e:

Clinical Reflexology Denise Tiran, Peter A. Mackereth, 2010-12-01 Clinical Reflexology takes the practitioner on a journey of examination critical review and debate prior to making recommendations for best practice in reflexology. The phenomenal rise in interest by health professionals in Complementary and Alternative Medicine CAM and in particular touch therapies has led to a need for texts that relate and integrate theory and practice to health care settings. Clinical Reflexology does this expanding and exploring concepts introduced in the first edition. Many CAM books have been written for therapists working in private practice but many of these practitioners are also now working in healthcare settings. This book allows both groups to facilitate the greater integration of clinical reflexology in clinical practice. The book is divided into two sections. The first deals with key themes including an up to date review of the research evidence and appropriate methodology safe and supported practice and integration issues. All these themes are explored and discussed utilizing the available literature analysis of models and concepts and are related specifically to health care practice. The second section focuses on the clinical application of reflexology and how it can be best adapted to the context. The contributors are committed pioneers in their field with a track record of integrating reflexology within clinical settings. Many are teachers coordinators of therapy services and supervisors.

ABOUT THE AUTHORS Dr Peter Mackereth is the Clinical Lead for Complementary Therapies and Smoking Cessation Services at The Christie NHS Foundation Trust Manchester. He is a registered nurse and has worked in intensive care neurology and oncology. Peter has an MA in Medical Ethics and has completed a PhD project examining reflexology vs relaxation training for people with Multiple Sclerosis. An author and renowned speaker Peter has held academic post in number of universities most recently as Reader in Integrative Health at the University of Derby. Denise Tiran a midwife lecturer and reflex zone therapist is an internationally acclaimed authority on complementary therapies in pregnancy and childbirth. She is Director of Expectancy the leading provider of professional education on the safe use of complementary therapies in maternity care including a special pregnancy course for reflexologists. Her latest book *Reflexology for Pregnancy and Childbirth* was published in January 2010.

Complementary Therapies in Maternity Care Denise Tiran, 2018-01-18 An extensive resource for midwives and other professionals with complete information on how to use complementary therapies during pregnancy and childbirth. Covering all the necessary scientific legal ethical and health issues it gives you the knowledge and confidence to use complementary therapies safely and effectively.

Health Promotion in Midwifery 2nd Edition: Principles and practice Jan Bowden, Vicky Manning, 2006-02-24 Health Promotion in Midwifery explores the principles of health promotion within the practical context of midwifery. It clearly outlines and discusses the midwife's role in health promotion making it essential reading for all student and practising midwives as well as clinical practitioners. Emphasizing the link between theory and practice the second edition incorporates chapters on domestic violence sexual health breastfeeding and mental health promotion. Text boxes make the text accessible and user friendly and case studies and

summaries put the material in practical context Additional readings encourage readers to further research and reflection on their own practice Throughout the book the importance of the role of the midwife in health promotion is emphasized This second edition brings together contributions from a variety of experienced practitioners

Lewis's Adult Health Nursing I & II (2 Volume Edition) with Complimentary Textbook of Professionalism, Professional Values and Ethics including Bioethics - E-Book Malarvizhi S.,Renuka Gugan,Sonali Banerjee,2023-12-12

The second South Asia edition of Black's Adult Health Nursing I & II including Geriatric Nursing has been comprehensively updated to suit the regional curricula for undergraduate nursing students This book will help student nurses to acquire the knowledge and skill required to render quality nursing care for all common medical and surgical conditions The contents have been made easy to understand using case studies concept maps critical monitoring boxes care plans and more This text provides a reliable foundation in anatomy and physiology pathophysiology medical surgical management and nursing care for the full spectrum of adult health conditions and is richly illustrated with flow charts drawings and photographs and South Asian epidemiological disease data for better understanding of the subject Integrating Pharmacology boxes help students understand how medications are used for disease management by exploring common classifications of routinely used medications Review questions have been added to all the units within this book This second South Asia edition will be a valuable addition to every student nurse's bookshelf given the revisions and modifications undertaken in line with the revised Indian Nursing Council INC curriculum Translating Evidence into Practice boxes Thinking Critically questions Integrating Pharmacology boxes Bridge to Critical Care and Bridge to Home Health Care boxes Feature boxes highlighting issues in Critical Monitoring Management and Delegation boxes Genetic Links Terrorism Alert and Community Based Practice boxes Physical Assessment in the Healthy Adult and Integrating Diagnostic Studies boxes Safety Alert icons Digital Resources available on the MedEnact website

Aromatherapy for Health Professionals E-Book Shirley Price,Len Price,2011-11-11 Aromatherapy for Health Professionals covers the full spectrum of theory and practice from essential oil science and the foundations of practice to the application of aromatherapy for specific conditions The fourth edition of this highly successful book provides a clear and authoritative introduction to aromatherapy as practiced in modern health care settings It gives valuable information for any health professional wishing to develop their understanding of the subject providing the in depth knowledge needed to use essential oils in the practice environment NEW FOR THIS EDITION Two new chapters Wound Care and Bereavement provide valuable additions to the text The chapter Aromas Mind and Body has been enhanced Several new essential oils giving properties indications and cautions have been added New case histories illustrate the practical application of theory and techniques described References have been updated and new research added The book is supported by a CD ROM of ancillary tables covering essential oils for general use in health care settings including indications for safe therapeutic uses of essential oils those to be used with caution and essential oil definitions

International Books in Print ,1990

Handbook of Pain and Palliative Care Rhonda J. Moore, 2013-10-25 Handbook of Pain and Palliative Care Biobehavioral Approaches for the Life Course Rhonda J Moore editor This book takes both a biobehavioral and a lifespan approach to understanding long term and chronic pain and intervening to optimize patients functioning Rich in clinical diversity chapters explore emerging areas of interest computer based interventions fibromyalgia stress ongoing concerns cancer pain low back pain and special populations pediatric elderly military This coverage provides readers with a knowledge base in assessment treatment and management that is up to date practice strengthening and forward looking Subject areas featured in the Handbook include Patient practitioner communication Assessment tools and strategies Common pain conditions across the lifespan Biobehavioral mechanisms of chronic pain Pharmaceutical neurological and rehabilitative interventions Psychosocial complementary alternative narrative and spiritual approaches Ethical issue and future directions With the rise of integrative perspective and the emphasis on overall quality of life rather than discrete symptoms pain management is gaining importance across medical disciplines Handbook of Pain and Palliative Care stands out as a one stop reference for a range of professionals including health practitioners specializing in pain management or palliative care clinical and health psychologists public health professionals and clinicians and administrators in long term care and hospice

American Book Publishing Record, 2006 **The Government's Public Health White Paper (Cm 6374)** Great Britain: Parliament: House of Commons: Health Committee, 2005-06-02 White Paper Cm 6374 ISBN 010163742X was published 16th November 2004 **RCM Midwives Journal**, 1998 **Medical Books and Serials in Print**, 1984 The Publishers' Trade List Annual, 1976 *International Business and Trade Directories* Richard Gottlieb, 2003 Medical and Health Care Books and Serials in Print, 1985 **Books in Print Supplement**, 2002 **The British National Bibliography** Arthur James Wells, 2007 **Medical Books and Serials in Print, 1979** R. R. Bowker LLC, 1979-05 Subject Guide to Children's Books in Print 1997 Bowker Editorial Staff, R R Bowker Publishing, 1996-09 **Who's who in American Nursing**, 1996 *Whitaker's Books in Print*, 1998

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