

GUIDE TO DIFFERENT TYPES OF CONTRACEPTION



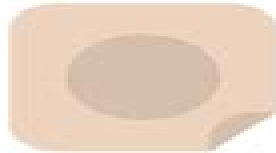
COMBINED PILL

- Hormonal
- 99% effective when used perfectly
- Remember to take it daily
- Can choose to have regular periods or skip them



PROGESTOGEN-ONLY PILL

- Hormonal
- 99% effective when used perfectly
- Remember to take it at the same time every day
- Periods can become lighter or stop



PATCH

- Hormonal
- 99% effective when used perfectly
- Remember to change it weekly
- Can choose to have regular periods or skip them



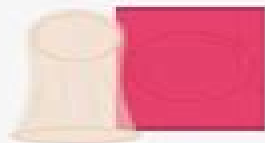
RING

- Hormonal
- 99% effective when used perfectly
- Remember to change it every 3 weeks
- Can choose to have regular periods or skip them



MALE CONDOMS

- No hormones
- 98% effective when used perfectly
- Remember to use every time you have sex
- Protection against STIs



FEMALE CONDOMS

- No hormones
- 95% effective when used perfectly
- Remember to use every time you have sex
- Protection against STIs



IMPLANT

- Hormonal
- Over 99% effective
- Works for 3 years
- Periods may be lighter or stop



INJECTION

- Hormonal
- Over 99% effective
- Works for 13 weeks
- Periods may be lighter or stop



DIAPHRAGMS AND CAPS

- No hormones
- 92-96% effective when used perfectly and with spermicide
- Remember to use every time you have sex



IUD (NON-HORMONAL COIL)

- No hormones
- Over 99% effective
- Works for 5-10 years
- Periods can become heavier



IUS (HORMONAL COIL)

- Hormones
- Over 99% effective
- Works for 3-5 years
- Periods may be lighter or stop

Contraception Contraception

Donna Shoupe



Contraception Contraception:

The Morning After Heather Munro Prescott, 2011-09-15 Since 2006 when the morning after pill Plan B was first sold over the counter sales of emergency contraceptives have soared becoming an 80 million industry in the United States and throughout the Western world But emergency contraception is nothing new It has a long and often contentious history as the subject of clashes not only between medical researchers and religious groups but also between different factions of feminist health advocates *The Morning After* tells the story of emergency contraception in America from the 1960s to the present day and more importantly it tells the story of the women who have used it Side stepping simplistic readings of these women as either radical feminist trailblazers or guinea pigs for the pharmaceutical industry medical historian Heather Munro Prescott offers a portrait of how ordinary women participated in the development and popularization of emergency contraception bringing a groundbreaking technology into the mainstream with the potential to alter radically reproductive health practices

Contraception and Adolescents Robert T. Brown, 2005 This issue will provide an update on contraception for adolescents The content will include an overview of contraceptive practices among adolescents with specific articles on hormonal and nonhormonal methods including barrier contraceptives emergency contraception and the IUD One article will address contraceptive issues for teens in the developing world The issue will also include a review of the noncontraceptive benefits of hormonal methods and potential interactions with other medications including herbal products Specific concerns for teens with chronic illnesses and disabilities will be discussed along with new contraceptive methods under development

New Concepts in Contraception Malcolm Potts, Clive Wood, 1972 **The Contraception Sourcebook** Elizabeth B. Connell, 2002 Human kind has been searching for the ideal contraceptive since the beginning of time This guide to contraception covers almost every form of birth control from oral contraceptives and intrauterine devices to periodic abstinence and male contraception to the various developments in the field **Contraception** Marcus Filshie, John Guillebaud, 2013-10-22 *Contraception Science and Practice* serves as a guidebook for elucidating the science of contraception and at the same time for utilizing the methods better to meet human needs Organized into 17 chapters this book first explores the world view on birth control as well as the complications of combined oral contraception Subsequent chapters show the relationship between oral contraception and cancer practical prescribing of the combined oral contraceptive pill the progestogen only pill and the systemic hormonal contraception by non oral routes Other chapters elucidate postcoital contraception intrauterine contraceptive devices male and female barrier contraceptive methods natural family planning and contraception for the older woman Cervical ripening prior to termination of pregnancy abortion female sterilization and its reversal vasectomy and its reversal and progress towards a systemic male contraceptive are also discussed This book will be valuable to physicians engaged in teaching or research in birth control techniques as well as a reference book and resource for many others The Whole Truth About Contraception Suzanne Wymelenberg, Beverly Winikoff, 1997-09-27 What birth

control method is most reliable Can contraceptives protect me from AIDS How can I choose the method that s best for me Finding the answers to these and other questions about birth control can be tough On the one hand today s sexually active person has many contraceptive options On the other hand each option has pluses and minuses that must be weighed For teenagers especially asking questions about birth control can be awkward and difficult Yet teenagers may be in greatest need of the facts While there is no right method for everyone The Whole Truth About Contraception is the right book for anyone making decisions about contraception men and women from teenagers to middle agers It illustrates male and female anatomy and explains how conception occurs The book carefully describes the birth control methods available today barrier such as condoms and diaphragms hormonal the Pill and Norplant intrauterine devices surgical sterilization and other approaches such as the rhythm method and breastfeeding as a contraceptive For each method the authors discuss how well it prevents pregnancy its potential effects on the user s health and common problems Illustrated how to sections are provided and the authors comment on how each method typically affects sexual experience The book also discusses how birth control products can be obtained and their cost Precautions tips on usage and other features throughout the book will help each reader decide what type of contraception is best for his or her age personal preferences and situation in life The Whole Truth About Contraception gives up to date information on new products such as the female condom and the nonlatex male condom The book provides details about contraception and sexually transmitted diseases with an emphasis on AIDS Also offered is an expanded discussion of emergency contraception designed for use after unprotected sex The book includes a full and factual discussion of abortion Contraception may be the most important and deeply personal choice anyone has to make This book provides the straight facts that will make the decision easier and the results better for everyone Contraception, An Issue

of Obstetrics and Gynecology Clinics Pamela S. Lotke,2016-01-07 There have been exciting new developments and research related to currently available contraceptives In addition in the last seven years emergency contraception has gone from behind the counter to being FDA approved for use This issue addresses the most important clinical leaps in contraception and family planning in the last decade with emphasis on new options for long term reversible contraception and emergency contraception Information is also included to address the impact of Affordable Health Care and legal aspects of sterilization

The Handbook of Contraception Donna Shoupe,2020-09-22 This book presents an up to date and comprehensive review of female contraception offering an extensive overview of contraception types including oral injectable emergency and various cervical barrier contraceptives It also discusses behavioral and sterilization methods of contraception as well as the clinical effectiveness advantages disadvantages side effects and mechanisms of action of each method Now in its fully revised and expanded third edition this text includes seven new chapters that address specific clinical issues that healthcare providers face daily These issues include patients with medical problems perimenopausal women the adolescent population post pregnancy patients patients with bleeding problems fibroids or hyperplasia obese patients and patients with acne or

hirutism There is also a new chapter dedicated to contraceptive methods that are currently in development Each chapter reviews the correct use of the individual method the most appropriate candidates timing of initiation red flag contraindications risks and benefits method of action handling side effects non contraceptive benefits switching methods and the CDC Medical Eligibility for the method Importantly however there is a new emphasis placed on standardized evidence based practice recommendations incorporating the most recent US Selected Practice Recommendations and rationale as published by the US CDC Written by experts in the field The Handbook of Contraception Third Edition is a valuable resource for obstetricians gynecologists reproductive medicine specialists and primary care physicians *Contraceptive Technology* Patty Cason, Carrie Cwiak, Deborah Kowal, Alison Edelman, 2023-09-26 Whether it is family planning discussing reproductive desires maintaining contraception while managing a specific condition abortion reproductive tract infection or post partum contraception this trusted resource can be referenced in any situation when working with patients seeking guidance on reproduction sexual health and contraceptive options Provided by publisher *Population Sciences*, 1979 The index is based on citations selected from the corresponding monthly issue of Index medicus *Emergency Contraception* A. Foster, L. Wynn, 2012-03-14 Despite its safety and efficacy emergency contraception EC continues to spark political controversy worldwide In this edited volume authors explore how emergency contraception has been received interpreted and politicized through the in depth examination of the journey of EC in 16 individual countries Contraception Robert Jütte, 2008-05-12 Surveying one of the oldest and most urgent problems of mankind contraception this book tells of how over the centuries men and women have battled with the needs both for sexual gratification and for limitation of offspring and also focuses on how contraception might evolve in the future **Contraception across Cultures** Andrew Russell, Mary Thompson, Elisa J. Sobo, 2020-06-04 Contraception is an issue of considerable concern to a great many heterosexually active people Yet the impact of contraceptive technologies in the world today in particular their implications for kinship gender relations and other aspects of social life receives relatively little scholarly attention This book brings a new perspective to the study of contraception by collecting together in one volume leading experts in the fields of contraception family planning and reproductive health Contributors look at the social economic political and cultural contexts in which contraceptive providers and recipients make decisions about whether and what forms of contraception to use User perspectives whether those of recipients or providers of contraceptive services are taken seriously as are the perspectives of policy makers and development experts With its in depth case study approach this challenging book will appeal to practitioners and planners in the fields of family planning and reproductive health as well as to students and academics of applied and medical anthropology health studies gender and development studies or anyone interested in the social cultural and ethical issues raised by contraceptive technologies **A Clinical Guide for Contraception** Leon Speroff, Philip D. Darney, 2011 The thoroughly updated Fifth Edition of this practical handbook provides the essential information that clinicians and patients

need to choose the best contraceptive method for the patient's age and medical, social and personal characteristics

Modern Oral Contraception Melinda Wallach, David A. Grimes, Ernie J. Chaney, 2000 Population Sciences, 1977 The index is based on citations selected from the corresponding monthly issue of Index Medicus

Benefits and Risks of Hormonal Contraception A. A. Haspels, R. Rolland, 2012-12-06 A A Haspel's It is with pleasure that I welcome you on behalf of Professor Rolland and myself to Amsterdam for this International Symposium on Benefits and Risks of Hormonal Contraception As a means of family planning the pill is about 25 years old a timespan which has been characterized by an enormous increase in public interest and concern with family health and family planning Undoubtedly we have learned a lot over the last 25 years As you see in Figure 1 in the seventies in Holland relatively more fertile women used the pill than in any other country in the world In 1974 new combination pills were introduced containing less than 50 µg of ethinyl estradiol In 1981 50 % of Dutch pill users took a sub 50 µg pill Figure 2 The same is true for the Scandinavian countries In our own University Clinic 95 % of pill users take a sub 50 µg pill only 5 % use a 50 µg pill on medical indication This decrease in estrogen dosage which is usually accompanied by a decrease of progestational component as well has resulted in a decrease of thromboembolic disease Factors that are still important to consider are diabetes mellitus hypertension adipositas and smoking Good selection of patients together with the prescribing where possible of sub 50 µg pills may result in the numbers of complications and side effects being close to those encountered in the control group

Female and Male Contraception Maria Cristina Meriggiola, Kristina Gemzell-Danielsson, 2021-06-01 This book provides healthcare professionals the medical community residents and students with an up to date handbook on current female and male contraceptive options It illustrates the process of contraceptive development from ancient times to steroid discovery up to the most recent formulations that provide not only an optimal contraceptive efficacy but also complementary health benefits for women It offers a comprehensive overview of the current knowledge on this topic ranging from biological contraceptive mechanisms to the challenges of contraceptive use in different clinical conditions It also presents reviews of the current latest including preclinical and clinical research to provide detailed and up to date information on recently developed contraceptives It also features a section on counseling which is highly relevant to optimal contraceptive provision and compliance Each chapter has been written by a leading expert in the field and provides a comprehensive reference on the topic as well as practical implications As such this book provides accessible and authoritative information for clinicians in their everyday practice and for students interested in expanding their knowledge on the topic

Pamphlet Box. Vital Statistics. United States, 1921

Contraception Donna J. Drucker, 2020-04-07 The development, manufacturing and use of contraceptive methods from the late nineteenth century to the present viewed from the perspective of reproductive justice The beginning of the modern contraceptive era began in 1882 when Dr Aletta Jacobs opened the first birth control clinic in Amsterdam The founding of this facility and the clinical provision of contraception that it enabled marked the moment when physicians started to take the

prevention of pregnancy seriously as a medical concern In this volume in the MIT Press Essential Knowledge series Donna Drucker traces the history of modern contraception outlining the development manufacturing and use of contraceptive methods from the opening of Dr Jacobs s clinic to the present Drucker approaches the subject from the perspective of reproductive justice the right to have a child the right not to have a child and the right to parent children safely and healthily Drucker describes contraceptive methods available before the pill including the diaphragm dispensed at the Jacobs clinic and condom spermicidal jellies and periodic abstinences She looks at the development and dissemination of the pill and its chemical descendants describes technological developments in such non hormonal contraceptives as the cervical cap and timing methods including the rhythm method favored by the Roman Catholic church and explains the concept of reproductive justice Finally Drucker considers the future of contraception the adaptations of existing methods new forms of distribution and ongoing efforts needed to support contraceptive access worldwide

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