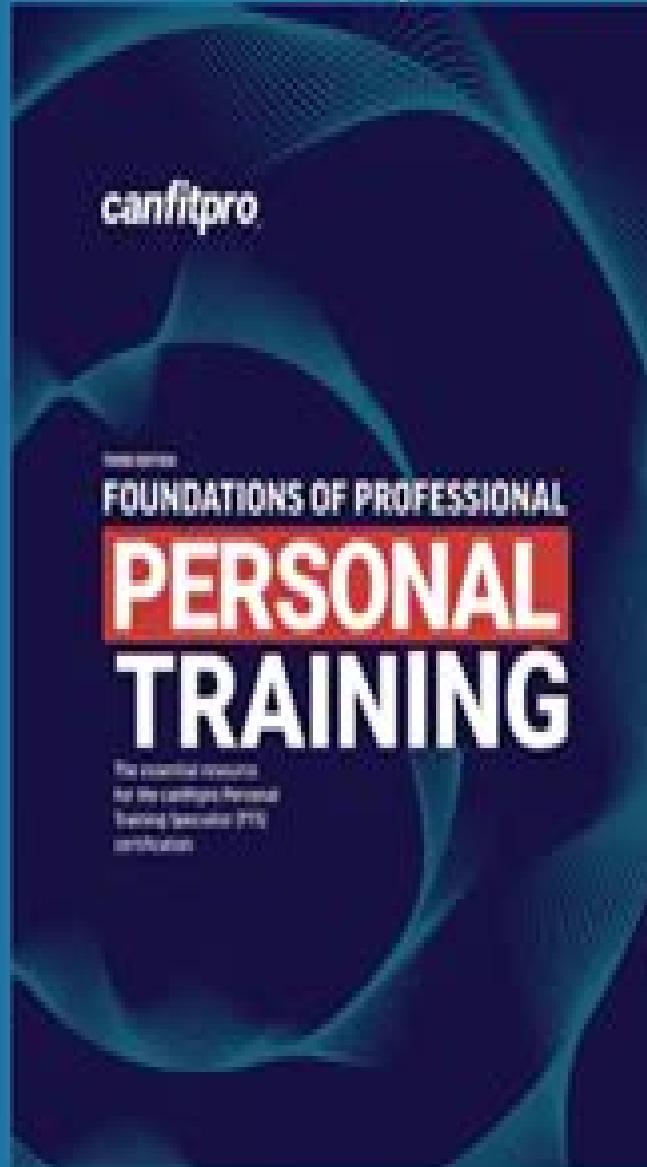


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**National Council on Strength and
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Personal Trainer Course Manual Cooper Institute (Dallas, Tex.),2009

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