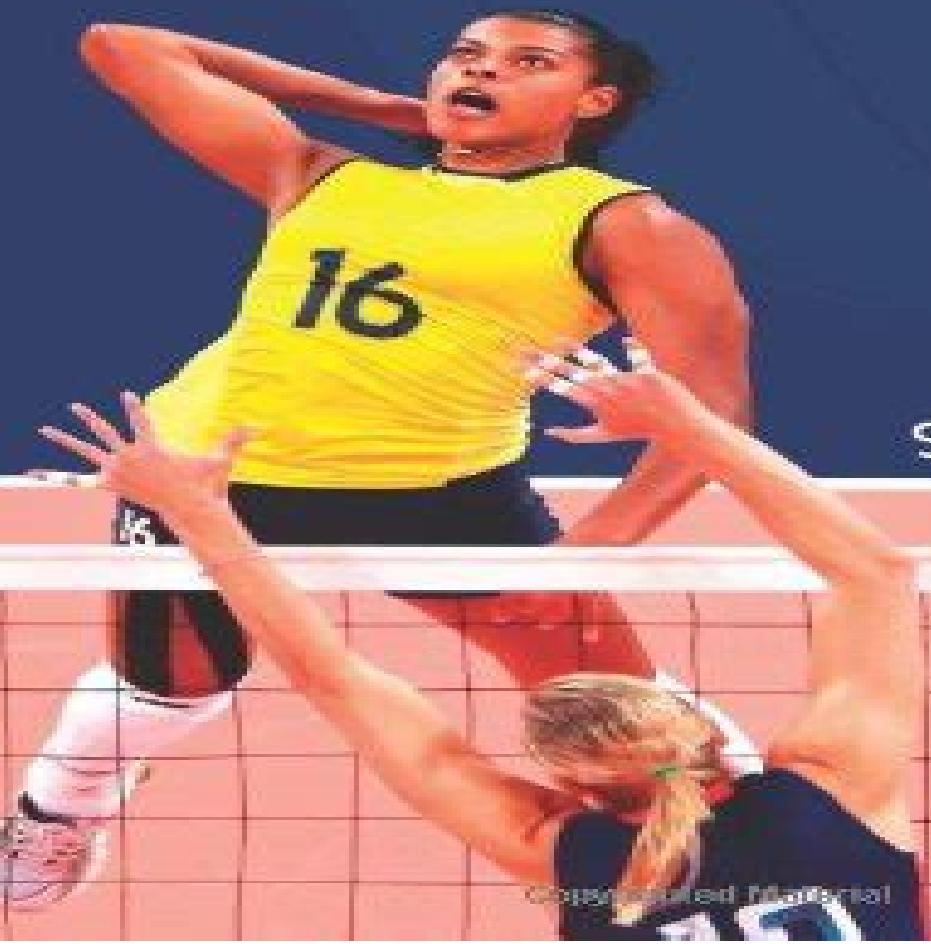


Developing a Successful VOLLEYBALL Program



**REVISED
EDITION**

Karen Chisum
Stephanie Jordan

Developing A Successful Volleyball Program Revised Edition

Albert A Gayle

Developing A Successful Volleyball Program Revised Edition:

Developing a Successful Volleyball Program Karen Chisum,Stephenie Jordan,2003 Developing a Successful Volleyball Program From A to Z and from X s to O s covers virtually every aspect of volleyball program design and implementation Coaches Chisum and Jordan walk you through each step from before the first day of practice through season ending responsibilities Along they way they provide detailed information on player assessment choosing the teams assigning positions and position roles developing a timeline and daily practice schedules The book includes an entire chapter of skills and drills as well as chapters on team offense and defense Additional chapters cover scouting game day considerations off season training and so much more Ideal for new coaches or for established coaches looking for ways to improve their existing program Features over 150 diagrams photographs and illustrations

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