

COUPLES THERAPY

*A
Nontraditional
Approach*

Daniel B. Wile
Foreword by Bernard Apfelbaum

Couples Therapy A Nontraditional Approach

François ALLARD, Pascal ANTOINE



Couples Therapy A Nontraditional Approach:

Couples Therapy Daniel B. Wile, 1992-12-31 Presents an innovative approach to couples therapy based upon a nonadversary therapeutic model that encourages partners to incorporate their conflicts and fantasies into their relationship Sets forth a critique of the psychoanalytic behavioral and systems approaches and describes techniques for patient therapist collaboration and supportive therapeutic intervention on behalf of each partner Includes strategies for handling angry partners withdrawn partners polarized partners and patients who reject the therapist's interpretations *Couples Therapy* Daniel B. Wile, 1993 *Blackwell Handbook of Social Psychology* Garth J. O. Fletcher, Margaret S. Clark, 2008-06-09 This authoritative handbook provides a cutting edge overview of classic and current research as well as an assessment of future trends in the field of interpersonal processes Ensures thorough and up to date coverage of all aspects of interpersonal processes Includes contributions by academics and other experts from around the world to ensure a truly international perspective Provides a comprehensive overview of classic and current research and likely future trends Fully referenced chapters and annotated bibliographies allow easy access to further study Now available in full text online via xreferplus the award winning reference library on the web from xrefer For more information visit www.xreferplus.com Experiential Psychotherapy with Couples Rob Fisher, 2002 Couple psychotherapy can be significantly deepened and expedited by using present time experience in the assessment process and by incorporating experiential interventions says Fisher Presumably a practitioner himself he explains to fellow therapists how to do it detailing the application of a b **Existential/dialectical Marital Therapy** Israel W. Charny, 1992 First published in 1992 Routledge is an imprint of Taylor Francis an informa company *Le couple en thérapie comportementale, cognitive et émotionnelle* François ALLARD, Pascal ANTOINE, 2018-10-09 Cet ouvrage offre un panorama d'actuelles approches prouvées en thérapie comportementale et cognitive de couple actualisées dans le sens de la 3e vague des TCC Il traite des conditions d'émergence des thérapies de couple de quatre approches internationalement reconnues issues des principaux courants la thérapie comportementale et cognitive du couple ECBCT la thérapie comportementale intégrative de couple IBCT la thérapie de couple fondée sur des programmes d'entraînement la gestion du stress CCET la thérapie de couple axée sur les émotions EFCT des approches complémentaires pour le couple émergentes et originales ou ayant fait leurs preuves en thérapies individuelles la thérapie d'acceptation et d'engagement ACT la pratique de la pleine conscience Mindfulness la thérapie axée sur les liens entre bien-être individuel et satisfaction conjugale la thérapie gréguaire PG Positionnement Gréguaire Il aborde ensuite les enjeux classiques de la thérapie de couple exigeant un accompagnement spécifique infidélité addiction sexuelle difficultés sexuelles et conjugales etc et donne un aperçu de la méthodologie d'évaluation dans ce champ des TCC de couple Les bases théoriques des approches majeures et complémentaires sont fournies et appuyées de vignettes cliniques avec des déroulements type de thérapies des exemples de techniques et d'outils utilisés Il a travaillé avec la contribution d'une quinzaine de cliniciens et préfacé par Andrew Christensen

After the Fight Daniel B. Wile, 1995-09-22 What do partners do after a fight If they're like most people they apologize I'm sorry I had a bad day and I took it out on you Or they wake up the next morning and pretend that nothing happened hoping their partner will do the same In neither case do they talk about the fight They're too afraid that doing so will simply rekindle it and they're right it probably would But since they don't talk about the fight nothing ever really gets resolved Daniel B. Wile author of *Couples Therapy* and *After the Honeymoon* devotes this entire book to an analysis of a single night in the life of a couple Marie and Paul By tapping into their self-talk their ongoing conversations with themselves he discovers what starts escalates and rekindles fights and also what potentially allows for a useful conversation about a fight Wile reveals the half-thoughts and half-feelings that generally go unnoticed the anxious flashes depressive waves two second self-directed diatribes and two second mental divorces

The SAGE Encyclopedia of Marriage, Family, and Couples Counseling

Jon Carlson, Shannon B. Dermer, 2016-10-11 The SAGE Encyclopedia of Marriage Family and Couples Counseling is a new all-encompassing landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field Marriage and family counseling programs are established at institutions worldwide yet there is no current work focused specifically on family therapy While other works have discussed various methodologies cases niche aspects of the field and some broader views of counseling in general this authoritative Encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the full scope and diversity of theories approaches and techniques and how they address various life events within the unique dynamics of families couples and related interpersonal relationships Key topics include Assessment Communication Coping Diversity Interventions and Techniques Life Events Transitions Sexuality Work Life Issues and more Key features include More than 500 signed articles written by key figures in the field span four comprehensive volumes Front matter includes a Reader's Guide that groups related entries thematically Back matter includes a history of the development of the field a Resource Guide to key associations websites and journals a selected Bibliography of classic publications and a detailed Index All entries conclude with Further Readings and Cross References to related entries to aid the reader in their research journey

Couples Therapy Linda Berg-Cross, 1997 Chapter features also

include self-assessment questionnaires that therapists can easily use with clients therapeutic exercises that couples can use either in sessions or on their own to set goals for improvement and recommended books and videos for clients Therapeutic strategies are presented through case examples detailed intervention techniques outlines that detail how to run couples groups and questions that deepen the clinician's understanding of the issues covered in the chapter

Couples Therapy

Daniel B. Wile, 1981-09-09 Presents an innovative approach to couples therapy based upon a nonadversary therapeutic model that encourages partners to incorporate their conflicts and fantasies into their relationship Sets forth a critique of the psychoanalytic behavioral and systems approaches and describes techniques for patient-therapist collaboration and supportive therapeutic intervention on behalf of each partner Includes strategies for handling angry partners withdrawn

partners polarized partners and patients who reject the therapist's interpretations *Psychodynamic Approaches to Sexual Problems* Brian Daines, Angelina Perrett, 2000 How do we currently understand sexual dysfunction How can psychodynamic theories contribute to an understanding of sexual difficulties How can we treat sexual problems psychodynamically Counsellors and therapists can be hesitant about addressing the sexual problems of their clients from any perspective and sometimes lack the confidence to tackle the issues as they arise This is the first book to describe comprehensively a specifically psychodynamic approach to sexual dysfunction It reviews the range and nature of sexual difficulties and evaluates the relevance of psychodynamic theory and interventions to the understanding assessment and treatment of sexual problems with individuals and couples It is illustrated throughout with helpful case study material It shows how physical and cultural understandings of sexuality and sexual difficulty need to be an integrated part of work with clients *Psychodynamic Approaches to Sexual Problems* is an important and useful book for all trainee and practising counsellors and therapists working within a psychodynamic or integrated framework *Social Learning and Systems Approaches to Marriage and the Family* Ray DeV. Peters, Robert Joseph McMahon, 1988 **Issues and Approaches in Personal Construct Theory** Donald Bannister, 1985 Questions & Answers in the Practice of Family Therapy Alan S. Gurman, 1981 **Marital Therapy** Philip H. Bornstein, Marcy T. Bornstein, 1986 **Understanding and Satisfaction in Marital Problem Solving** Frances Louise Jessica Ball, 1984 **The Role of Relational Schemas in Marital Functioning** Rachel Ebling, 2006 **Contemporary Marriage** Daniel C. Goldberg, 1985 *Personal Construct Therapy Casebook* Robert A. Neimeyer, Greg J. Neimeyer, 1987

The Couple and Family Therapist's Notebook Katherine M. Hertlein, Dawn Viers, 2005 Continuing Haworth's Therapist's Notebook series The Couple and Family Therapist's Notebook provides clinicians with a wide range of practical field tested therapy activities solidly grounded to each intervention's theoretical underpinning Respected experts clearly detail creative interventions and then follow with insightful clinical vignettes to illustrate under what specific circumstances each particular approach is effective This dynamic resource provides you with quick and easily reproducible handouts and homework activities for your clients For more information on other books in the therapist's notebook series go to www.HaworthPress.com

Embracing the Melody of Expression: An Emotional Symphony within **Couples Therapy A Nontraditional Approach**

In a global eaten by monitors and the ceaseless chatter of instant interaction, the melodic splendor and mental symphony developed by the prepared term frequently diminish into the background, eclipsed by the persistent noise and disruptions that permeate our lives. But, nestled within the pages of **Couples Therapy A Nontraditional Approach** a charming fictional treasure filled with raw emotions, lies an immersive symphony waiting to be embraced. Crafted by an outstanding musician of language, that interesting masterpiece conducts readers on a mental journey, skillfully unraveling the concealed tunes and profound affect resonating within each carefully crafted phrase. Within the depths of this moving review, we can examine the book is key harmonies, analyze their enthralling publishing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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