

READ

BLOOD

Name: _____ **Date:** _____

The circulatory system is one of the systems in our bodies. It is one of the body's delivery systems, delivering and taking away substances from our bodies, and helps regulate body temperature. The circulatory system is composed of the blood, the heart, and the blood vessels.

The blood is like a river of life flowing within each of us all day every day. The blood transports nearly everything that must be carried from one place to another in the body. Blood carries molecular evidence of disease and nutritional status. Looking at blood with the naked eye it appears as a thick, homogeneous liquid; microscopic examination reveals that it has both cellular and liquid components. There are three types of cellular components: red blood cells, white blood cells and platelets. The liquid component is called plasma.



PLASMA

Plasma (PLAZ-ma) is the liquid part of the blood, composed of 90% water. The other 10% is made up of dissolved nutrients, proteins, hormones, and electrolytes. Even though our blood looks like it is red, the plasma is actually yellow.

It carries the red blood cells, white blood cells, and platelets around your body, along with nutrients, important chemicals, and hormones. The wastes produced by your body are carried away by the



MODEL

BLOOD

Name: _____ **Date:** _____

Let's make a model of the blood. Blood is the major way of transport in the human body. Blood contains both liquid and solid parts. Plasma is liquid and the blood cells are solid. Blood is made up of 45% red blood cells, 2% white blood cells, and 53% plasma.

BLOOD MODEL SUPPLIES:

- Liquid laundry starch
- Red polymer (two quarter bowls (Red Blood Cells)
- White polymer (white Blood Cells)
- Clear fertilizer (plasma)
- Simo's cereal glue
- Hair cream
- Yellow food coloring

PROCEDURE:

STEP 1. MAKE THE PLASMA.

Use 4 ounces of clear glue, 3 ounces of water, and one drop of yellow food coloring in a container. Then add 4 ounces of liquid starch. Stir until mixed. At first, all the liquid will be separated, but after stirring vigorously for about 3 minutes, your slime will suddenly come together. It will look a bit stringy and not at first, but after about two minutes, the string will fully form. After letting the glue sit for two minutes to get stretch and knead the slime until it is fully set.

STEP 2. ADD RED BLOOD CELLS

Red blood cells make up just under half of the blood, so you will need to add half a handful of the red beads.

STEP 3. ADD WHITE BLOOD CELLS

Your blood contains a varied number of white blood cells (based on how many germs, bacteria, etc. are found in your body). Add three to five of the white beads to the mixture.

CIRCULATORY SYSTEM

DRAW

THE HEART

Name: _____ **Date:** _____

Use the heart to draw parts of the circulatory system. Label the parts of the heart and the blood vessels that flow in that area.



VOCAB

CIRCULATORY SYSTEM

Name: _____ **Date:** _____

Complete the definition for each vocabulary term below.

CIRCULATORY SYSTEM	System in which blood flows through the body. It is made up of blood, blood vessels, and the heart.
ARTERIES	Blood vessels that carry blood away from the heart.
VEINS	Blood vessels that carry blood to the heart.
CAPILLARIES	Blood vessels that connect the arteries to the veins.
ATRIA	Upper chambers of the heart.
VENTRICLES	Lower chambers of the heart.

CIRCULATORY SYSTEM

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