

5 Black Women-Owned Businesses

Black women are among the fastest-growing entrepreneurs in the world, so it's only right that we linked up with some of our favorite Black female business owners to find out how they were able to turn their dreams into a reality. Scroll down to get some valuable insight from a trailblazing bunch who have built their own empires.

Continued on next page



5 Best Sunscreens To Stay Protected In Summer 2021

Summer. It's universally anticipated. The smell of the ocean, the tan on your skin, the hot-girl playlist you've been working on for months. Throw on some sunscreen and take on the sun!

► Here's our list of the best sunscreens to keep you fully protected this summer 2021.

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Glossier.
Invisible
Shield

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Instagram Club 2026 Guide

Jesse Roberts

Instagram Club 2026 Guide:

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cool cartoons in depth profiles on epic entertainers like Vinicius Junior Jude Bellingham and Bukayo Saka and loads more Don t miss it **Writers' & Artists' Yearbook 2026** Bloomsbury Publishing,2025-07-17 The 119th edition of the indispensable bestselling guide to everything you need to know about publishing A vital resource for all writers looking to get published including authors poets and screenwriters

Religion, Spirituality, and Public Health

Karen O'Brien-Kop,Suzanne Newcombe,2025-10-14 Religion Spirituality and Public Health focuses on exploring the role of different ways of knowing or arriving at truth i e epistemes particularly those found in religious and alternative health milieus While biomedical solutions offer a dominant narrative these are articulated differently in global contexts Moreover individuals often draw upon alternative framings that are sometimes oppositional to and at other times engaged with directives from medical and governmental authorities The focus of this volume is worldviews and epistemes that are often marginalised or rejected in dominant discourses from shamanism in Korea to African Pentecostalism in Britain and from global online AntiVax narratives to traditional Siddha medicine in South India Detailed case studies explore the contested competing and strategically aligned relationships between mainstream and marginal epistemes between religious healing spirituality and biomedicine and between politics and belief These explorations promote greater insight into how marginalised religious epistemes are employed Which beliefs and practices are drawn upon to create meaningful and effective responses And how can we better understand the depth and breadth of these reactions to design more successful public health strategies for future global health crises

Facebook & Instagram Ads Mastery: The Complete 2026 Guide for Beginners

Jesse Roberts,2025-10-12 Facebook Instagram Ads Mastery The Complete 2026 Guide for Beginners Unlock the full potential of your business with Facebook and Instagram advertising no experience required In this comprehensive guide you ll learn how to create manage and optimize ads on both platforms to drive real results Whether you re a small business owner entrepreneur or marketer this book provides step by step instructions to help you succeed Inside This Guide You ll Discover Foundations of Facebook Instagram Ads Understand the platforms structures including campaigns ad sets and ads Crafting Effective Ads Learn how to write compelling ad copy and design eye catching visuals that capture attention Targeting the Right Audience Utilize advanced targeting options to reach your ideal customers Budgeting and Bidding Strategies Implement cost effective strategies to maximize your return on investment Analyzing and Optimizing Campaigns Use analytics to assess performance and make data driven improvements Why This Book Is Essential for You Beginner Friendly Approach No prior experience needed this guide breaks down complex concepts into easy to understand steps Practical Examples Real world scenarios and examples help you apply what you learn immediately Up to Date Information Stay current with the latest features and updates in Facebook and Instagram advertising as of 2026 Time and Cost Efficiency Avoid common pitfalls and wasted ad spend by following proven strategies Who Should Read This Book Small Business Owners Looking to expand their online presence and attract more customers Marketing Professionals Seeking to enhance their skills

and stay competitive in the digital advertising space Entrepreneurs Ready to launch their products or services with effective online advertising Don t let the complexities of Facebook and Instagram ads hold you back Equip yourself with the knowledge and tools to create profitable campaigns that drive real results Your journey to mastering social media advertising starts here *Ultimate Guide to Instagram for Business* Kim Walsh Phillips,2017-05-16 **SELL MORE WITH INSTAGRAM** Are you ready to tap into Instagram s booming network of 600 million viable customers With the Ultimate Guide to Instagram for Business social media marketing expert Kim Walsh Phillips gives you the tools you need to get your due return on investment out of Instagram From cross platform branding and marketing advice to practical blueprints for funneling followers this guide unlocks the secrets successful entrepreneurs use to drive sales directly from Instagram become experts in their field and grow their business Learn how to Set up an Instagram marketing funnel that converts followers into customers Run effective lead generating campaigns with trending hashtags exclusive contests and product launches Grow your Instagram following with The 21 Day Blueprint Leverage your Instagram brand to reach celebrity status and gain a competitive advantage Post Instagram stories and live videos to grow your follower base and drive sales Build content with a Quick Start Lead Magnet Blueprint that will attract your ideal customers Your followers are ready to take action give them a reason Whether you re new to the Instagram world or you re not sure how to get more out of your profile this guide is the perfect tool for entrepreneurs ready to promote themselves to millions of visual shoppers With this guide s easy to use strategies easy to adapt blueprints and other great resources you ll be ready to take the plunge **Instagram Marketing** David J. Green,2017-10 Instagram has undergone a complete metamorphosis from the iOs app it was originally designed for to a huge social media site with tons of benefits both for private individuals and businesses Over the years the platform has shown no sign of losing its growth not with the backing of the mighty Facebook That should reassure you that its growth in recent years is not a fluke but will continue for years to come Page 4 of cover **Instagram Secrets** Team VEVO,2020-08-15 **ON SALE** For a limited time only Have you spent weeks months or even years trying to achieve your goals but keep failing Have you given up on becoming successful because your futile efforts have led you to believe that success is only for the select few If you have answered yes to any of these questions don t worry this book is here for you Instagram has changed our world from how we view video to how we connect and market opening a new entrepreneurial landscape to ambitious individuals Thousands of people generate six to seven figures annually from instagram content And with the right road map you too could be en route to real influence and income In Instagram Secrets social media experts of TEAM VEVO draw on a decade of experience as well as interviews with more than 100 top creators to give you a step by step Instagram success playbook You ll learn The essential ingredients for a profitable account New strategies for getting followers and profits Various ways to make money on Instagram And much more Whether you re a beginner or a veteran this book will show you how to use Instagram to build a following create a lucrative business and make a massive impact in people s lives Instagram Secrets was

written with the goal of helping entrepreneurs completely bypass the years of pain suffering and failure associated with building a profitable business and help them to achieve massive online success in record time If you are looking for another cookie cutter training about how to become Insta Famous Instagram Secrets is not for you But if you are serious about using Instagram to grow your following fast get leads make sales and build a profitable business Download INSTAGRAM SECRETS right NOW and start your journey towards a life of greater freedom Would You Like to Know More Scroll up and click the BUY NOW button Special Bonus Includes Free Video Course Worth 29 [Instagram Level Up Like a Boss](#) Sherry

H,2020-05-08 You don t need to hire a team pay a lot of money do giveaways post a million times a day or use slimy tricks to grow your Instagram following Best of all You can absolutely do it organically and without spending too much money The book covers all the tricks you can use to level up from basic posts and Stories and which tools and resources free and low cost ones I used and still use including step by step screenshots and methods plus decoding how Instagram works The book covers in general SETUPCreate and setup your accountsCraft your profile bio and gridMain Message of IG BrandingPOSTHow to post to maximize real estateHow to come up with ideasCreate different Image CarouselsPut yourself in the forefrontTagging peopleHashtagsENGAGEComment StrategyStory StrategyTOOLSIG Bio LinkFull list of Tools to use Scheduling Social Media Photos OTHERIG Tips and TricksAnalytics and decoding InsightsSave your time and money and learn how to fast track your Instagram account [Instagram Rules](#) Jodie Cook,2020-10-27 SALES developing a voice identifying trends driving a campaign responding to engagement and more Create a personalised Instagram strategy whatever your business is Apply insight from interviews with successful users from Ben Jerry s and Papier to freelancers and community groups and Jodie s own experience working with international brands celebrities and small businesses Read as a quick fire reference or as a step by step guide or for effective focused strategy Whether you re a complete novice short on time or want to improve your engagement Instagram Rules makes social media marketing straightforward and hassle free for any small business or serious Instagram user [Instagram Marketing Step-By-Step](#) Bryan Bren,2021-04-21 Are you looking to grow your branding through social media powerhouses like Instagram Would you like to be able to make the most of it by finding a niche and using relative and targeted ads to be able to deliver the best services and products to your customers

Then you ve found the right book This guide will teach you the essentials of marketing on Instagram that you can use time and time again Marketing and campaigning through Instagram is another avenue for reaching people and turning them into loyal customers while delivering a top quality services and products The fact that it s used globally is a huge benefit for being able to reach customers But another key element that comes into play is the visuals that Instagram is known for If you want to make the most of Instagram for making your services known then THIS is what you ll want to read In this guide you ll find The essentials of Instagram and how to get started How your marketing efforts can benefit using Instagram The elements of creating your own brand Creating an outstanding bio and how a top quality one makes a difference How to pick a profitable

niche and pursue it The ideal times to post content that help generate leads and how you can take advantage of trending topics How to create high quality content on Instagram including how it drives followers Finding apps that help make content creation easier The methods that you can use to earn money through Instagram Using stories and contests as a means to generate leads and sales especially for your brand How you can have well known people and brands stand behind your marketing efforts to help your brand grow The importance of Instagram algorithms and how they work How you can track report and break down the data that's relative to your ad campaign and use this to forecast future data Plus so much more If you own a business then it's about time that you started taking advantage of the opportunities that websites like Instagram provides and help grow your business organically by capturing your audience's attention So scroll up and preview this book and then click the button Buy Now to jump start your reach to new customers today **Instagram** David Jones,2016-07-28

INSTAGRAM THE ULTIMATE INSTAGRAM MARKETING GUIDE FOR BUSINESS How to Build A Brand And Attract Followers On Instagram This unique book guide is created and designed to make sure you are able to position your business whether it is online or offline with Instagram to a much higher level than it is now It is an interesting book that will help you achieve and have many clients knowing more about your product thus resulting into huge sales You will learn the strategies in setting up your Instagram Account Choose the right images learning the features on Instagram tricks and strategies on posting on Instagram as well as getting followers and traffic to your website This allows you to attract as many clients as possible for your business Here is a preview of what you'll learn How Instagram Works Making use of Instagram Branding your products to achieve maximum results Turning followers into customers And much more **Instagram Secrets**

Alexander Vinci,2021-09-04 Do you want to know how Instagram really works and what mindset you must have to succeed in this platform If you just starting reading through this guide and are thinking that your business isn't an eCommerce business and so Instagram isn't the place for you think again Remember the key proposition that Instagram brings is visualization Consider these examples 1 You're a real estate agent and want to highlight the newest mountain home that you have on the market 2 You are a world class hospital that just released a new mother's ward with beautiful birthing and stay suites with a spa like feel 3 You're a restaurant owner and want to highlight your savory and mouthwatering specials each week The above examples are all situations where nothing is actually being transacted online but the business is building brand awareness and drumming up interest so that the consumer will visit their website or pick up the phone to learn more The mysterious Instagram algorithm While we'll never know exactly how Instagram has weighted the various data points that they put into their algorithm we do know that Instagram's back end technology now focuses on relevancy serving up the posts that are most likely to relate to certain users based on their activity on the site So every time a user clicks through a post or spends a certain amount of time looking at a certain influencer Instagram is capturing that data in some way and building it into their engine to ensure that posts that users won't care about are less likely to show up in their feed We do know however that

Instagram is looking at the following Timely content This is all about recency meaning if a user hasn't logged in for a while they won't have to scroll through outdated and no longer relevant posts They'll be shown timely content that matters to them Interest This is really the secret sauce as Instagram is paying attention and will serve content that it believes the user will be interested in Relationships Instagram knows what photos users tag and where they comment So if a user has interacted in some way with certain brands in the past they are far more likely to be served content from that brand or similar brands in the future For marketers this is a great thing It means that as Instagram learns more about your brand your posts and advertisements are more likely to get in front of your niche or target audience A few notes about Instagram Shopping With the release of Instagram Shopping in late 2016 Instagram literally turned their platform into an online marketplace While it is still a common practice to include website links to your business site and even to a product page now it is possible to allow the customer to transact directly on the Instagram platform For businesses that want to enable the Shopping capability they need to meet the following requirements You must have an Instagram business profile That business profile needs to be connected to a Facebook catalog Your company's registered headquarters location must be located in one of the Instagram approved countries Items for sale must be physical goods that comply with the trading guideline and terms of use set forth by Instagram As this Instagram Marketing Guide is intended as a resource for those getting started with Instagram marketing we will not be providing a deep dive of the Instagram Shopping capability Here is a Preview of What You Will Get A Full Book Summary An Analysis Fun quizzes Quiz Answers Etc Get a copy of this summary and learn about the book [The Instaguide](#) C. J. Hallock, 2017-07-31 Instagram has grown to be one of the largest social media platforms With over 700 million monthly users it is the gateway between you and your soon to be customers or clients I knew I needed to figure out Instagram So I started doing some research That research went from just looking at a few blog posts and Instagram accounts into a massive passion project While I did start this as a blog post The Ultimate Guide to Instagram it continued to grow the more research I did To date I have over 250 hours of research into Instagram I found that none of the blog posts books or reports I read had much outside of a few hacks or one specific thing This frustrated me so I started to piece every piece of information I could find on Instagram together After that blog post passed 6 000 words I decided to finish it as a book so I can have all this information in one location that is easy for people to keep on hand So follow along in this Instagram Guide and learn the basics and more The following are some of the topics covered within the InstaGuide How to create an Instagram account How to use analytics Business Tools within Instagram What do I post to Instagram What are hashtags and how do I use them What should I post in my Instagram captions What is a GeoTag How often should I post on Instagram Should I repost other peoples posts on Instagram What can I do with an Instagram video What do I do after I post to Instagram What is Instagram Stories How do I use Instagram Live How to use Instagram Direct Messages That is not all I have also include some of the best Instagram hacks to grow your following and increase your engagement online This book also comes with some FREE

bonus content including Video trainings PDF s Photoshop Templates for Instagram and so much more The bonus package is web hosted so you will be able to have 24/7 access to it It will also allow me to keep updates and other tools you need available for you **The Instagram Handbook** Lazarus Tsavlidis, 2017-04-05 LEARN HOW TO MAKE INSTAGRAM WORK FOR YOU The Ultimate Instagram Handbook is the latest guide to achieving success on the world's most popular photo sharing application meticulously explaining the basics of social media advertising and internet marketing methods to help grow and maintain a consistent and engaged following Providing simple tips, tricks, and recommendations to third-party applications used by guru's in the community to help build their Instagram Empire HERE IS WHAT YOU WILL LEARN How to effectively brand yourself How to Integrate your social media platforms How to setup your Instagram profile correctly from an aesthetic point of view How to automate your post and upload schedule How to find trending and relevant hashtags How to create original content for your followers **A Parent's Guide to Instagram** Axis, 2022-12-20 Teens thrive on validation from friends and followers It's no wonder that this image-saturated app tempts teens to crop their lives to perfection and create a polished online persona Gain valuable insight into how Instagram affects teen mental health, body positivity, self-esteem, and more Features An explanation of the app's key features Vocabulary list of terms including home feed, finsta, hashtag, DM, and more Suggestions on how to talk about the impact of Instagram with your teen Axis is a team of Gospel-focused researchers creating culturally relevant guides, videos, and audios that equip parents of teens to have deep conversations about faith

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clicking the BUY NOW button at the top of this page [How to Grow Your Business Using Instagram: The Ultimate Guide for Badass Business Owners and Marketers Looking to Generate Traffic, Leads, and Sales](#) U Amel Kilic,2019-03-09

Traditionally Instagram marketing was just about likes Now it s a whole new monster In HOW TO GROW YOUR BUSINESS USING INSTAGRAM serial entrepreneur and rebellious marketer Amel Kilic reveals an Instagram marketing strategy that makes finding your target audience and generating sales simple to understand and implement Whether you re just starting or you are an experienced entrepreneur HOW TO GROW YOUR BUSINESS USING INSTAGRAM teaches you the easiest and most reliable way to create a successful Instagram marketing plan Through multiple successful Instagram campaigns Amel Kilic has discovered that business growth using Instagram requires a different mindset If you re easily offended this book isn t for you But if you re looking for a book that gives you the ultimate strategies to grow your business using Instagram YOU RE IN LUCK YOU VE FOUND THAT BOOK

Instagram Growth Secrets Alec Scherger,2019-04-10

Buy the paperback version of this book and get the e book version for FREE Ready to take your Instagram to the next level Great in this e book you will learn the secrets that Alec Scherger uses on all his Instagram accounts to rapidly grow by tens of thousands of followers per month and how to make them into money making machines You will also learn the different ways you can make money with Instagram accounts and turn them into very profitable businesses Instagram is very profitable and you can make a great living at it if you have patience Alec Scherger will teach you how to grow your Instagram to over 1 000 followers a day and get hundreds of thousands if not millions of views and likes on your posts You will also learn the different ways you can make money with Instagram and how to get advertisement deals with big companies In this book you will learn how to Growth hack your Instagram Properly use the follow for follow method Skyrocket your engagement on feed posts and story posts Use your analytics to grow your account even faster Automate your account so your accounts will run on autopilot Sell promotions and maximize your profits Grow multiple accounts at a time Sell your account for top dollar Make money through affiliate marketing Run effective marketing campaigns for your affiliate products services Will Instagram Growth Secrets work for you Yes The priceless lessons from cover to cover in this book is not theory The author Alec Scherger wrote this book after learning himself the fastest way to growth hack your Instagram and how to convert those followers into cash Alec Scherger grows his following by tens of thousands per month and grows many accounts at once He continues to use this system on all of his accounts and makes money through advertisement deals and affiliate marketing If you are looking for an effortless way to make money this book is NOT for you But if you are serious about using Instagram to grow your following fast and make sales Then what are you waiting for Get your copy of Instagram Growth Secrets today

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tribe of loyal followers on Instagram Do you want to build a career via Social Media doing something you love and are passionate about For all the hate it gets Social Media has opened a lot of doors for a lot of people And while Social Media obviously has its flaws it is simply a tool and when this tool is used rightly it can be amazing for spreading love happiness and positivity That is exactly what we are here to teach you to do today To use the incredible power of Social Media to start your YouTube Channel Instagram account As Well as TikTok around your passion build a loyal following and earn 1000s Or WAY MORE every single month So we've made it our mission to give you the best practical blueprint possible to going from 0 subscribers and followers to rapid social media and career success by covering EVERYTHING you need to supercharge your journey Anyways here's a tiny slither of what's inside A Simple 3 Step Guide To Overcoming Your Camera Anxiety To Help You Record Amazing Videos And Take Awesome Photos Effortlessly 7 Almost Unknown And Completely Free Ways To Rapidly Get Your First 1000 Followers On Instagram 4 TikTok Hacks To Improve Your Chances Of Your Clips Going Viral What Wildly Successful YouTubers Know About Channel Growth That You Don't It's Annoyingly Simple 7 Steps To Creating Your Social Media Brand That Creates You 1000s Of Loyal Customers The Effective 4 Step Guide To Utilizing Instagram And YouTube Ads To Sell Your Products And Services AND Grow Your Audience And SO Much More So If You Want The Easy To Follow Blueprint To Sustainable Social Media Success Then Scroll Up And Click Add To Cart

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