

# Defensive Tactics System™ Instructor Manual



**David Fowler**  
Founder and Author of  
Defensive Tactics System™ Training Programs

**Personal Safety Training, Inc.**

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# Defensive Tactics Instructor Manual

**David Fowler**

## **Defensive Tactics Instructor Manual:**

**Blue Guardian Control Tactics Instructor Manual** Tom Gillis,2016-11-30 The Blue Guardian Control Tactics Program is created with Canadian police and security in mind although international students will benefit from the technical and tactical training also Topics include Use of Force Handcuffing Baton Use Takedowns Ground Fighting Control Holds and more Tom Gillis Control Tactics Manual is a very comprehensive complete training manual for trainers that teach street tactics for law enforcement officers It organizes each section into modules so each section of training is completed before going to the next section This Manual is an excellent addition to any defensive tactics instructor s library Larry Smith Lt retired San Diego CA Police Department

**Defensive Tactics System** David Fowler,2016-06-26 The Defensive Tactics System TM is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling an aggressive individual The Defensive Tactics System TM training is intended to give the trainee the basic understanding of self defense use of force control and restraint reasonable force and basic legal definitions of force Subjects covered include Use of Force Defensive Tactics Fundamentals Contact and Cover Positioning Escort Strategies and Techniques Control Decentralization Techniques Handcuffing Techniques Defensive Blocking Techniques Personal Defensive Skills Techniques Weapon Retention Techniques Post Incident Response and Documentation This course provides training and education that is designed to empower officers increase awareness knowledge skills and actions with regard to use of force control and restraint self defense and defending others with defensive tactics strategies and techniques

**Defensive Tactics Manual** Robert S. Allemier,Michigan. Law Enforcement Officers Training Council,Michigan. Department of State Police,1977 The dramatic increase in the popularity and practice of the martial arts and their use against law enforcement personnel has given rise to a new and disturbing problem between police and certain segments of the public Therefore the Michigan Law Enforcement Officers Training Council has developed an advanced police training course to provide participating police officers with functional and operational knowledge of karate kung fu and the other martial arts The course covers these techniques warning signs that will assist the officer in identifying individuals skilled in the martial arts and information as to what the officer should be prepared for in confrontation situations with these individuals The five day 40 hour training course curriculum reviews the use and potential of the human body stances targets and techniques and offensive and defensive techniques for use against armed and unarmed opponents Other defensive tactics outlined and illustrated include baton techniques for use against armed and unarmed opponents and last resort techniques This instructor s manual lists course training objectives provides a class outline and schedule and presents procedures for conducting the actual program and evaluating and grading students

**Defensive Tactics System** David Fowler,2015-05-06 The Defensive Tactics System tm is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling an aggressive individual

**Police**

*Procedures and Defensive Tactics Training Manual* Harry Aziz, 1979 Devoted primarily to illustrating basic officer survival techniques this police training manual also outlines the elements of a basic training course and selected training issues such as riot control and search and seizure Divided into three sections the text begins with a police department training program guide outlining the topics that must be covered in preparing an officer for the field Police community relations field situation inquiries and patrol pointers methods and skills are suggested training topics along with court appearances water safety and rescue methods the care and use of firearms methods of unarmed self defense and the theory methods and techniques of traffic accident investigation The second section deals with ongoing concerns and situations which the law enforcement officer must be prepared to confront daily These range from such basic considerations as the Miranda requirements to such special concerns as riot control bomb threats searches and seizures and dealing with drunks The final and longest section illustrates and discusses basic self defense tactics and exercises designed to better equip officers for survival in the field Stressing the overriding importance of avoiding over control and acts of brutality the text makes substantial use of sequence photographs to demonstrate blocking and counterattack exercises kicking techniques free fighting tactics and defenses against common types of suspect resistance or attack Come along holds control holds for handcuffing suspects and baton and strangulation techniques are also illustrated as are defensive approaches to suspects in automobiles References and an index are provided

[Handcuffing Tactics](#) David Fowler, 2016-06-22 The Handcuffing Tactics TM training program is designed for public safety officers to reduce the potential of injury and liability risk when lawfully restraining and controlling an aggressive subject The tactics and techniques in this training curriculum are for incidents where the public safety officer is lawful and justified in applying a restraining device handcuffs to a subject Handcuffing Tactics TM provides training and education that is designed to empower officers by increasing awareness knowledge and skills in handcuffing techniques control and restraint and defensive tactics strategies

[Healthcare Defensive Tactics System](#) David Fowler, 2015-05-23 The Healthcare Defensive Tactics System tm is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling an aggressive individual

[Healthcare Defense Tactics System Instructor Manual](#) David Fowler, 2016-05-26 The Healthcare Defensive Tactics System TM is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling an aggressive individual

**[Defensive Tactics System Training](#)** David Fowler, 2015-02-08 The Defensive Tactics System tm training is intended to give the trainee the basic understanding of self defense use of force control and restraint reasonable force and basic legal definitions of force

[Advanced Concepts in Defensive Tactics](#) Chuck Joyner, 2010-12-16 Today s society is becoming increasingly more likely to resist the lawful actions of law enforcement officers It is critical for officers to have the necessary defensive tactics DT skills to successfully overcome resistance in an efficient safe and legal manner The answer to achieving these results is NOT in teaching thousands of possible responses to

an infinite number of potential attacks The answer is to first use a Risk Management approach and identify the most common and dangerous attacks on officers Next a successful DT program must stress core concepts proper body mechanics natural instinctive movement and proven principles of survival Advanced Concepts in Defensive Tactics A Survival Guide for Law Enforcement presents the instruction of Master Police Instructor Chuck Joyner Developed during his tenure as a FBI use of force instructor and expanded by his lifelong dedication to the martial arts Joyner's Survival Sciences DT program relies on adhering to advanced concepts rather than memorizing countless techniques Based on extensive research and actual street experience this manual Focuses on defensive tactics that are easily taught understood and applied by officers regardless of their size strength or athletic ability Covers hand to hand tactics groundwork weapon retention weapon disarming handcuffing and the survival mindset Explains the necessary integration of hands on DT techniques with common law enforcement secondary weapons e.g. baton pepper spray TASER Introduces a new use of force model Dynamic Resistance Response Model which correctly depicts the dynamic encounter between an officer and a resistor by first focusing on the level of resistance by the subject Offers practical solutions reducing officer department and municipality liability Provides password access to the author's supplemental training videos online Chuck Joyner a recognized expert in the use of force lectures throughout the United States and internationally on myriad law enforcement topics Mr Joyner holds several FBI instructor certifications in force related training has earned black belts in four martial arts and was awarded master rank in two styles He was inducted into the Martial Arts Hall of Fame as instructor of the year in 2006 Mr Joyner was employed by the CIA from 1983 to 1987 and has worked as a Special Agent with the FBI since 1987 Chuck was interviewed on February 29 2012 on American Heroes Radio

**Michigan Patrol Officer Defensive Tactics** Michigan. Law Enforcement Officers Training Council, 1984 *Aviation Training and Readiness Manual* United States. Marine Corps, 1991 **Defense Baton Training Program** David Fowler, 2016-06-25 Defense Baton TM is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling a violent and or aggressive individual The Defense Baton TM Training Program is intended to give the trainee the basic understanding of self defense use of force reasonable force and basic legal definitions of force Subjects covered include Baton Awareness Use of Force Self Defense Baton Nomenclature Defensive Tactics Fundamentals Baton Handling Positions Baton Blocking Defensive Counter Strikes Baton Control Baton Retention Post Incident Documentation This Training Manual for the Defense Baton provides training and education that is designed to empower officers with awareness knowledge skills and actions with regard to use of force and defending yourself or others with a defensive baton

**DEFENCE and INTERVENTION -1- (Officer Survival Skills, Use of Force, Soft Empty Hand Control, Hard Empty Hand Control)** Mürsel Sevindik, 2020-04-25 This book covers Officer Survival Skills Use of Force Soft Empty Hand Control Hard Empty Hand Control issues for law enforcement officer The most important priority of the officer is able to survive in dangerous situations Survival techniques if properly

applied provide the officer an opportunity to overcome the resistive behavior of subjects These techniques also provide officers with self confidence which is needed to win The primary responsibility of the law enforcement officer is to protect life and ensure public order They are authorized to use a range of force options to preserve the peace prevent crimes maintain order and apprehend suspects Soft empty hand techniques are the first option of physical response used to restrain a person who is resisting By developing a high degree of proficiency with soft empty hand techniques the officer will be able to respond in a more effective manner with a minimal amount of force Hard Empty Hand Control techniques are defined as striking techniques They are always defensive not offensive These techniques are used to control active aggression with empty hands and feet when the intermediate use of weapons is justified but are not tactically available Topics and techniques presented in this book will be of both great interest and great value to trainers and students of law enforcement

**Handcuffing Tactics** David Fowler,2015-06-11 The Handcuffing Tactics tm training program is designed for public safety officers to reduce the potential of injury and liability risk when lawfully restraining and controlling an aggressive subject   **For Security Personnel, DEFENCE and INTERVENTION, Theory and Practice, 2020 (Officer Survival Skills, Use of Force, Soft Empty Hand Control, Hard Empty Hand Control, Weapon Retention and Disarming, Handcuffing, Conducting Suspect Searches, Defensive Baton)** Mürsel Sevindik,2020-04-29 This book covers Officer Survival Skills Use of Force Soft Empty Hand Control Hard Empty Hand Control Weapon Retention and Gun Disarming Handcuffing Conducting Suspect Searches and Defensive Baton issues for law enforcement officer The most important priority of the officer is able to survive in dangerous situations These techniques provide officers self confidence which is needed to win Law enforcement officers are authorized to use a range of force options to preserve the peace prevent crimes maintain order and apprehend suspects Soft empty hand techniques are the first option of physical response used to restrain a person who is resisting Hard Empty Hand Control techniques are defined as striking techniques In some close encounters a suspect may try to grab the officer s sidearm Officers must develop a defensive awareness that their weapon can be snatched Handcuffs are temporary restraining devices designed to control the movements of a subject Body searching is a careful systematic examination of the suspect at the scene of a crime or immediately after apprehension A trained officer who is proficient in the use of the baton is better able to protect himself and is less likely to resort to the use of his firearm Topics and techniques presented in this book will be of both great interest and great value to trainers and students of law enforcement   **DEFENCE and INTERVENTION -2- (Weapon Retention and Disarming, Handcuffing, Conducting Suspect Searches, Defensive Baton)** Mürsel Sevindik,2020-04-25 This book covers Weapon Retention and Gun Disarming Handcuffing Conducting Suspect Searches and Defensive Baton subjects for law enforcement officer In some close encounters a suspect may try to grab the officer s sidearm Loss of the officer s gun could mean the loss of his her life The officer or civilians may be killed or injured by offenders who take and use an officer s firearm Officers must develop a

defensive awareness that their weapon can be snatched Handcuffs are temporary restraining devices designed to control the movements of a subject However they do not entirely immobilize a suspect Its proper use and application is crucial for the safety of the officer subject and public Body searching is a vague topic It is a careful systematic examination of the suspect at the scene of a crime or immediately after apprehension Failure to conduct a proper search could cost an officer s or civilians life Modern law enforcement tool baton has been developed to increase officers ability to protect themselves particularly in those cases not justifying the use of deadly force A trained officer who is proficient in the use of the baton is better able to protect himself and is less likely to resort to the use of his firearm Topics and techniques presented in this book will be of both great interest and great value to trainers and students of law enforcement

### **Healthcare Defensive Tactics System**

David Fowler,2016-06-26 The Healthcare Defensive Tactics System TM is a training program designed for public safety officers to reduce the potential of injury and liability risk when lawfully defending themselves or controlling a violent and or aggressive individual The Healthcare Defensive Tactics System TM training is intended to give the trainee the basic understanding of self defense use of force control and restraint reasonable force and basic legal definitions of force Subjects covered include Use of Force and Self Defense Defensive Tactics Fundamentals Contact and Cover Positioning Escort Strategies and Techniques Control Decentralization Techniques Handcuffing Techniques Defensive Blocking Techniques Personal Defense Skills Techniques Personal Weapon Retention Techniques Post Incident Documentation Healthcare Restraint Holds Applications This course provides training and education that is designed to empower officers increase awareness knowledge skills and actions with regard to use of force control and restraint self defense and defending others with defensive tactics strategies and techniques

### *For Security Personnel, SOFT EMPTY HAND CONTROL, 2020 Mürsel Sevindik,2020-04-14*

This book covers Soft Empty Hand Control issues for law enforcement officer The goal is to demonstrate to officers the understanding of the principles and appropriate use of Soft Empty Hand Control techniques Law Enforcement officers are authorized to use a range of force options to preserve the peace prevent crimes maintain order and apprehend suspects Soft empty hand techniques are the first option of physical response used to restrain a person who is resisting By developing a high degree of proficiency with soft empty hand techniques the officer will be able to respond in a more effective manner with a minimal amount of force A police officer experiences different kinds of adverse situations while performing his her duty Sometimes his her own life may be threatened due to a suspect s actions Therefore it is essential for the officer to know defensive tactics to protect him her and to control adverse situations In modern society police have different responsibilities such as crime investigation providing security crime control etc Therefore the officer must be aware of special tactics by which he she can defend him herself against stabbing grabbing pushing kicking using sharp and dangerous weapons and firearms Within a fraction of a second a police officer must be able to react properly otherwise it may prove to be a fatal situation Every officer must be aware of defensive tactics and should be able to apply them effectively

whenever required Topics and techniques presented in this book will be of both great interest and great value to trainers and students of law enforcement *For Security Personnel, OFFICER SURVIVAL SKILLS, 2020* Mursel Sevindik, 2020-04-05

This book covers Officer Survival Skills issues for law enforcement officer The goal is to develop the law enforcement officer's understanding of officer survival for the safe and efficient performance of their duty The majority of police officers duties become routine though the potential for danger is always present The duties of the officer require them to enforce laws and to control the illegal actions of certain citizens Survival techniques if properly applied provide the officer an opportunity to overcome the resistive behavior of subjects These techniques also provide officers with self confidence which is needed to win When an officer uses force peers the public the media the government and the world review that actions If the officer applies inappropriate force it reflects poorly on the individual and gives a non professional appearance to the entire force The officer is subject to legal limitations When the officer is faced with a violent situation it is required that he make decisions in a fraction of a second He may have to justify his actions in court Therefore proper defensive tactics training provides the officer with the tools required not only to apply the proper techniques but also to decide the proper level of force necessary to overcome resistance This will obviously enhance officer survivability insure proper performance during the situation and justification in court Topics and techniques presented in this book will be of both great interest and great value to trainers and students of law enforcement

## **Defensive Tactics Instructor Manual** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has been more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Defensive Tactics Instructor Manual**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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