
From the founder of ORANGE LINGERIE

DEMYSTIFYING



BRA FITTING & CONSTRUCTION

by NORMA LOEHR

Demystifying Bra Fitting And Construction

Yiqing Cai



Demystifying Bra Fitting And Construction:

Demystifying Bra Fitting and Construction Norma Loehr, 2014-07-14 Custom bras are wonderful sewing projects. They are easy to make, fit perfectly, and can be worn every day. But until now, the techniques of custom bra making have been difficult to access. *Demystifying Bra Fitting and Construction* reveals the secrets of bra couturiers, teaching you what you have always wanted to know about fitting and sewing your own bras. Professional custom bra maker Norma Loehr breaks down the fitting and construction process into simple, easy-to-follow steps so you can get great results on your bra making projects. With easy-to-follow instructions, color photos, and a guide to sourcing materials, this book has everything you need to make your own professional-looking bras in no time at all. Whether you are a home sewer or an aspiring lingerie designer, this book is for you. Not only does custom bra maker Norma Loehr sew wonderfully, she's smart, so her well-thought-out and beautifully presented work on bra making has resulted in a book that inspires and educates. Susan Khalje, Author *Bridal Couture* and *Linen and Cotton* and Contributing Editor for *Threads Magazine*: "I've had the privilege of testing Norma's book before its release, and it's an absolute must-buy for anyone interested in sewing their own bras. Seriously, there's one gem of bridge-fitting advice in there alone that's worth the purchase price." Melissa Fehr, *Fehrtrade.com* *The Bra-makers Manual* Beverly Johnson, 2011 Provides information for designing and sewing bras using new and advanced techniques and materials, including pre-molded and cut-and-sew foam. **The Ultimate Bra Fitting Guide** Debra Sanders Steele, 2012-12-01 Congratulations! Today you have chosen to take back control of your life. No more pain and agony from wearing a bad-fitting bra. Now you have the information you need to choose bras that fit, lift, and support. No more guessing. Most women are wearing the wrong size bra. One of the most common mistakes is choosing a bra where the band is too big. The second most common mistake is choosing a bra where the cup is too small. Now you will be armed with everything you need to know so you can choose the correct style and size. From this day forward, bra shopping will be fun, and it will be something you will look forward to, not dread. Your new bras will make you look slimmer and leaner. Your clothes will fit better, and your confidence will soar. A Message From The Author: To all women, my goal is to help you embrace the body that you have right now. I will show you how to choose the correct fitting bra every time you go shopping. I will empower you to take control of your body so you can stop allowing your body to dictate your happiness. This book is loaded with all of the information you will need to simply walk into the lingerie department of any store and buy a bra that lifts, supports, and fits you perfectly. You will also find the answers to many of your bra questions. For the first time in your life, you and your girls will be happy. To all intimate apparel store owners and managers, this book is perfect to use to teach your selling team and specialist how to properly fit any customer for a bra and choose the correct style for their body type. To all bra fitting specialists and consultants, this book will have all of the information you will need to learn how to correctly fit every body type that you will encounter. Once you get a client in a correct fitting bra, you will have a friend for life. *Bare Essentials* Jennifer Lynne

Matthews-Fairbanks,2016 *The Bra Fitting Bible: Calculating and Understanding Bra Size* , Bare Essentials Jennifer
 Lynne Matthews-Fairbanks,2019-07 *Sewing Bras: Construction & Fit - Season 1* ,2020 *Bare Essentials* Jennifer Lynne
 Matthews-Fairbanks,2011-08-14 The Bare Essentials series is an invaluable resource for anyone entering into the field of
 lingerie design This volume summarizes the basics of underwear panty design from sewing and construction to drafting and
 pattern grading introducing these subjects in a manageable capacity Bare Essentials is organized into three main sections
 based on the complexities of the information provided Included in this book are basic patterns for briefs and boyshorts What
 you will learn Construction methods using elastics and stretch fabrics Manipulation of basic patterns Pattern drafting from
 measurements Developing grade rules and grading patterns **Busted!** Ali Cudby,2011-11 Forget everything you thought
 you knew about your bra size It s wrong As Ali Cudby explains in her new book Busted The Fab Foundations Guide to Bras
 that Fit Flatter and Feel Fantastic the secret to finding your ideal bra is to stop measuring for bra size and begin to focus on
 fit Wearing the right bra is not just a matter of fashion it s a matter of health and self esteem And yet 70 85% of women are
 wearing the wrong bra size Even women who know their bras are uncomfortable and ill fitting grab the same size over and
 over again hoping for a different result Debunk the three biggest myths of bra sizing Myth 1 You don t fit That is simply not
 true Bras come in sizes that range from AAA to N so there is a bra out there for virtually everybody and this book tells you
 how to find it Myth 2 Once you find your bra size you are done In fact bra size is a moving target Ask any growing teenager
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Analysis of Bra Fitting Using Finite Element Models Yiqing Cai,2017

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