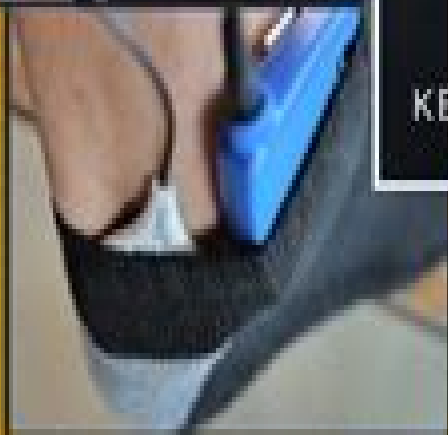
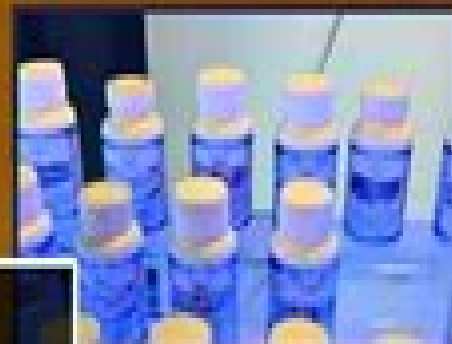


# ESSENTIAL BIOHACKING TOOLS

KEY TECHNOLOGY FOR HUMAN OPTIMIZATION



# Biohacking Manual 2026 Guide

**OLIVIA. RIVERS**



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