

A photograph of three elderly people embracing outdoors. A woman in the center is laughing joyfully, her mouth wide open. To her left is a person with short grey hair, and to her right is a man with white hair wearing glasses. They are all smiling and hugging each other. The background is a soft-focus green, suggesting a park or garden. A semi-transparent pink and yellow gradient banner is overlaid across the middle of the image, containing text.

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# **Longevity Secrets from Cultures Around the World**

# Longevity Secrets Community Favorite

**Andrew J. Palm, Henry Randall Waite**



## **Longevity Secrets Community Favorite:**

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