

ATI Med Surg CMS Study Guide

Ch. 1 Health, Wellness, and Illness

Health & Wellness

- Modifiable (can be changed) v. Nonmodifiable (cannot be changed)
- Aspects: Physical, Emotional, Social, Intellectual, Spiritual, Occupational, Environmental
- Environment: Social (Crime vs. safety, poverty vs. prosperity, peace vs. social unrest, and presence vs. absence of support from social networks); Physical (access to health care, sanitation, availability of clean water, and geographic location

Ch. 2 Emergency Nursing Principles and Management

Emergency Nursing Principles

- **Triage**
 - Level 1: Resuscitation
 - Level 2: Emergent
 - Level 3: Urgent
 - Level 4: Less Urgent
 - Level 5: Nonurgent
- **Primary Survey**; rapid assessment of life threatening conditions; completed systematically; standard precautions; guided by ABCDE principle
→ **ABCDE Principle**
 - Airway; maintain airway, head-tilt/chin-lift if unresponsive- DO NOT perform if potential cervical spine injury; if trauma suspected use modified jaw thrust maneuver; bag valve mask w/ 100% O₂ w/ nonrebreather for spontaneous breathers
 - Breathing; if NOT breathing: manual vent w/ bag valve mask or mouth to mouth
 - Circulation; HR, BP, pulses, cap refill.
To restore circulation: CPR, assess for internal bleed, hemorrhage control; IV access; Isotonic fluids/blood
To alleviate shock: O₂, pressure to bleed, elevate lower extremities, IV fluids & blood, VS, stay w/ pt.
 - Disability; assess LOC : GCS; AVPU

2.2 Glasgow Coma Scale

EYE-OPENING	VERBAL RESPONSE	MOTOR RESPONSE
Spontaneous	Oriented	Obeys commands
To voice	Confused	Localizes pain
To pain	Inappropriate sounds	Withdraws
None	Incomprehensible sounds	Flexion
	None	Extension
		None

A low score of 3 indicates a client who is totally unresponsive, and a high score of 15 indicates a client who is within normal limits neurologically.

- A** Alert
- V** Responsive to voice
- P** Responsive to pain
- U** Unresponsive

- **Exposure; complete physical assessment; clothing removed; hypothermia is primary concern**
- **Poisoning**; medical emergency; hx, type of poison, resp support, circulation, restore fluids, BP/EKG, ingested poison use **activated charcoal, gastric lavage (done w/ 1 hr) aspiration**; diazepam if seizures occur
- **Rapid response team**; respond to emergency when pt. has indications of rapid decline; early recognition before resp/cardiac arrest or stroke occurs;
- **Cardiac emergency**
 - Cardiac arrest;
 - Vfib/ Pulseless VT- **defibrillate, CPR, admin IV antidysrhythmic** (epi, amiodarone, lidocaine, magnesium sulfate)
 - Ventricular asystole
 - Pulseless electrical activity (PEA) & Asystole; CPR, if shockable used Defib, IV access, Epi IVP Q3-5 min

Cms Testing Study Guide

**Jamille Nagtalon-Ramos, Melicia
Escobar**

Cms Testing Study Guide:**The CCDS Exam Study Guide ,2010****Nevada 2020 Master Electrician Exam Questions and Study Guide**

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A Case Manager's Study Guide Nancy E. Skinner,Stefany H.

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Ohio Curriculum Materials, 1987 Catalog

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