

ATI Med Surg CMS Study Guide

Ch. 1 Health, Wellness, and Illness

Health & Wellness

- **Modifiable** (can be changed) v. **Nonmodifiable** (cannot be changed)
- **Aspects; Physical, Emotional, Social, Intellectual, Spiritual, Occupational, Environmental**
- **Environment; Social** (Crime vs. safety, poverty vs. prosperity, peace vs. social unrest, and presence vs. absence of support from social networks); **Physical** (access to health care, sanitation, availability of clean water, and geographic location)

Ch. 2 Emergency Nursing Principles and Management

Emergency Nursing Principles

- **Triage**
 - Level 1; Resuscitation
 - Level 2; Emergent
 - Level 3; Urgent
 - Level 4; Less Urgent
 - Level 5; Nonurgent
- **Primary Survey**; rapid assessment of life threatening conditions; completed systematically; standard precautions; guided by ABCDE principle
 - **ABCDE Principle**
 - **Airway**; maintain airway, head-tilt/chin-lift if unresponsive- **DO NOT** perform if potential cervical spine injury; if trauma suspected use modified jaw thrust maneuver; bag valve mask w/ 100% O2 w/ nonrebreather for spontaneous breathers
 - **Breathing**; if NOT breathing manual vent w. bag valve mask or mouth to mouth
 - **Circulation**; HR, BP, pulses, cap refill;
 - ↳ **To restore circulation**; CPR, assess for internal bleed, hemorrhage control; IV access; Isotonic fluids/blood
 - ↳ **To alleviate shock**; O2, pressure to bleed, elevate lower extremities, IV fluids & blood, VS, stay w/ pt.
 - **Disability**; assess LOC ; GCS; AVPU

2.2 Glasgow Coma Scale

EYE-OPENING RESPONSE	+	VERBAL RESPONSE	+	MOTOR RESPONSE	
Spontaneous	4	Oriented	5	Obeys commands	6
To voice	3	Confused	4	Localizes pain	5
To pain	2	Inappropriate words	3	Withdraws	4
None	1	Incomprehensible sounds	2	Flexion	3
		None	1	Extension	2
				None	1

A low score of 3 indicates a client who is totally unresponsive, and a high score of 15 indicates a client who is within normal limits neurologically.

A Alert
V Responsive to voice
P Responsive to pain
U Unresponsive

- **Exposure**; complete physical assessment; clothing removed; hypothermia primary concern
- **Poisoning**; medical emergency; hx, type of poison.; resp support, circulation, restore fluids, BP/EKG, ingested poison use **activated charcoal**, **gastric lavage (done w/ 1 hr)** **aspiration**; diazepam if seizures occur
- **Rapid response team**; respond to emergency when pt. has indications of rapid decline; early recognition before resp/cardiac arrest or stroke occurs;
- **Cardiac emergency**
 - Cardiac arrest;
 - Vfib/ Pulseless VT= **defibrillate, CPR, admin IV antidysrhythmic** (epi, amiodarone, lidocaine, magnesium sulfate)
 - Ventricular asystole
 - Pulseless electrical activity (PEA) & Asystole; CPR, if shockable used Defib, IV access, Epi IVP Q3-5 min

Cms Testing Study Guide

**Jamille Nagtalon-Ramos, Melicia
Escobar**



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The CCDS Exam Study Guide ,2010 **Nevada 2020 Master Electrician Exam Questions and Study Guide** Ray Holder,2020-06-22 The Nevada 2020 Master study guide will help you prepare for the exam by providing 12 practice open book exams and 2 Final Closed Book Exams Includes Nevada License Forms and Sample Applications This book also covers most topics that are included on all Master Electricians exams such as conductor sizing and protection motors transformers voltage drop over current protection and residential and commercial load calculations The text contains the most widely used electrical calculations and formulas the reader needs to pass the Master electrical competency exam About the AuthorRay Holder has worked in the electrical industry for more than 40 years as an apprentice journeyman master field engineer estimator business manager contractor inspector and instructor He is a graduate of Texas State University and holds a Bachelor of Science Degree in Occupational Education A certified instructor of electrical trades he has been awarded a lifetime teaching certificate from the Texas Education Agency in the field of Vocational Education Mr Holder has taught thousands of students at Austin Community College Austin Texas Odessa College at Odessa Texas Technical Vocational Institute of Albuquerque New Mexico Howard College at San Angelo Texas and in the public school systems in Fort Worth and San Antonio Texas He is currently Director of Education for Electrical Seminars Inc of San Marcos Texas Mr Holder is an active member of the National Fire Protection Association International Association of Electrical Inspectors and the International Brotherhood of Electrical Workers **Nevada 2020 Journeyman Electrician Exam Questions and Study Guide** Ray Holder,2020-05-21 The Nevada 2020 Journeyman study guide will help you prepare for the exam by providing 12 practice open book exams and 2 Final Closed Book Exams Includes Nevada License Forms and Sample Applications This book also covers most topics that are included on all Journeyman Electricians exams such as conductor sizing and protection motors transformers voltage drop over current protection and residential and commercial load calculations The text contains the most widely used electrical calculations and formulas the reader needs to pass the Journeyman electrical competency exam About the AuthorRay Holder has worked in the electrical industry for more than 40 years as an apprentice journeyman master field engineer estimator business manager contractor inspector and instructor He is a graduate of Texas State University and holds a Bachelor of Science Degree in Occupational Education A certified instructor of electrical trades he has been awarded a lifetime teaching certificate from the Texas Education Agency in the field of Vocational Education Mr Holder has taught thousands of students at Austin Community College Austin Texas Odessa College at Odessa Texas Technical Vocational Institute of Albuquerque New Mexico Howard College at San Angelo Texas and in the public school systems in Fort Worth and San Antonio Texas He is currently Director of Education for Electrical Seminars Inc of San Marcos Texas Mr Holder is an active member of the National Fire Protection Association International Association of Electrical Inspectors and the International Brotherhood of Electrical Workers *A Case Manager's Study Guide* Nancy E. Skinner,Stefany H.

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