

THE ULTIMATE CPR GUIDE

EVERYTHING YOU NEED TO KNOW FOR ADULT, CHILD, INFANT AND PET CPR

<h2>5 STEPS TO PERFORMING CPR</h2>	<h3>1 ASSESS SCENE SAFETY</h3>  <p>Check the area for any safety hazards that might be harmful to you.</p>	<h3>2 CHECK FOR RESPONSE</h3>  <p>Tap the victim's shoulder and shout, "Are you OK?"</p>	<h3>3 LOOK FOR OBVIOUS RESPIRATION</h3>  <p>Look for normal chest rise and fall.</p>	<h3>4 CALL 9-1-1</h3>  <p>The rescuer will instruct you to do or not do certain things while waiting for help to arrive.</p>	<h3>5 START CPR</h3>  <p>If not breathing and unresponsive.</p>
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ADULT

1. GIVE 30 CHEST COMPRESSIONS

Place hands in the center of the chest.

2. GIVE 2 RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

3. GIVE 30 CHEST COMPRESSIONS

4. GIVE 2 RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

5. HOW TO HELP A VICTIM WHO IS BREATHING

1. GIVE CONTINUOUS ADDITIONAL THROUSTS

Place the victim on their side. Support the head and neck. Monitor breathing.

2. CONTINUE ADDITIONAL THROUSTS UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

CHILD

1. GIVE 30 CHEST COMPRESSIONS

Use 1 or 2 fingers depending on the size of the child.

2. GIVE 2 RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

3. GIVE 30 CHEST COMPRESSIONS

4. GIVE 2 RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

5. HOW TO HELP A VICTIM WHO IS BREATHING

1. GIVE CONTINUOUS ADDITIONAL THROUSTS

Place the victim on their side. Support the head and neck. Monitor breathing.

2. CONTINUE ADDITIONAL THROUSTS UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

INFANT

1. GIVE 30 CHEST COMPRESSIONS

Use 2 fingers. Place thumb. Push in.

2. GIVE 2 RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

3. HOW TO HELP A VICTIM WHO IS BREATHING

1. GIVE 2 BACK SLAPS

Place the victim on their back. Support the head and neck. Monitor breathing.

2. GIVE 2 CHEST THROUSTS

Place the victim on their side. Support the head and neck. Monitor breathing.

3. CONTINUE COMPRESSIONS UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

PET

1. CHECK FOR RESPIRATION AND PULSE

Look for chest rise and fall. Feel for a pulse.

2. IF NO PULSE, START CPR

1. THROUSTS

Place the victim on their side. Support the head and neck. Monitor breathing.

2. RESCUE BREATHES

Look for chest lift. Pinch nose. Seal mouth. Blow 1 second.

3. CONTINUE COMPRESSIONS UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

★ CONTINUE COMPRESSION OR 30 COMPRESSIONS AND 2 BREATHES UNTIL:

- The victim begins to breathe
- An AED is ready to use
- A trained rescuer arrives
- You are too exhausted to continue

Cpr Manual 2013

A Gutmann



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Veterinary Technician's Manual for Small Animal Emergency and Critical Care Christopher L. Norkus, 2018-09-13
Veterinary Technician's Manual for Small Animal Emergency and Critical Care Second Edition provides an in depth and cutting edge yet easy to navigate reference on emergency and critical care for veterinary paraprofessionals of all skill levels Provides a comprehensive reference on emergency and critical care medicine for veterinary technicians of all skill levels and veterinary assistants Veterinary Technician's Manual for Small Animal Emergency and Critical Care Second Edition provides an in depth and cutting edge yet easy to navigate reference on emergency and critical care for veterinary paraprofessionals of all skill levels Written by leading veterinary technician specialists VTS in emergency and critical care Completely revised and substantially updated with new emphases on anatomy physiology nursing skills and evidence based medicine Features five new chapters covering mechanical ventilation pain management renal replacement therapy nursing skills and procedures and life as an emergency veterinary technician including topics such as salary compassion fatigue and scheduling Includes access to a companion website with chapter review questions and the images from the book for download in PowerPoint

Pediatric Advanced Life Support Study Guide Barbara Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification Pediatric Advanced Life Support Study Guide Fourth Edition provides a clear and complete approach to managing pediatric emergencies Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material comprehension Case studies at the end of appropriate chapters for practice with real world material application Clear procedural explanations written in descriptive yet accessible language A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study PALS Pearl boxes for text to everyday clinical application In text references for deeper research if desired

Respiratory Care: Principles and Practice Hess, Neil R. MacIntyre, William F. Galvin, Shelley C. Mishoe, 2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise Taught in leading respiratory care programs in the U S it continues to be the top choice for instructors and students alike The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools A complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more With content cross references the NBRC examination matrices Respiratory Care Principles and Practice Third Edition is the definitive resource for today's successful RT

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regulations, 2013" ,2013 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 *Elsevier's Canadian Comprehensive Review for the NCLEX-RN Examination - E-Book* Linda Anne Silvestri,Angela Silvestri,2021-06-14 Prepare for success on the NCLEX RN exam with the review book written for Canadian nursing students Elsevier s Canadian Comprehensive Review for the NCLEX RN Examination 2nd Edition provides everything you need to prepare for the NCLEX exam complete content review and more than 5 000 NCLEX examination style questions in the book and online Proving that not all NCLEX exam review books are the same only this book includes the kinds of questions that consistently test the critical thinking skills needed to pass today s NCLEX exam In addition all answers include detailed rationales and test taking strategies with tips on how to best approach each question From Canadian editors Patricia Bradley and Karin Page Cutrara and NCLEX review experts Linda Anne Silvestri and Angela Silvestri this edition integrates Canadian approaches to nursing making this the only comprehensive review text written from a fully Canadian perspective It s THE book of choice for NCLEX preparation More than 5 000 practice questions in the text and online offer ample testing practice UNIQUE Detailed test taking strategy and rationale is included for each question offering clues for analyzing and uncovering the correct answer option UNIQUE Priority Nursing Action boxes provide information about the steps you will take in clinical situations requiring clinical judgement and prioritization UNIQUE Pyramid Points icons indicate important information identifying content that typically appears on the NCLEX RN examination UNIQUE Pyramid Alerts appear in red text and highlight important nursing concepts UNIQUE Priority Concepts two in each chapter discuss important content and nursing interventions New graduate s perspective is offered on how to prepare for the NCLEX RN in addition to nonacademic preparation the CAT format and test taking strategies Mnemonics are included to help you remember important information 75 question comprehensive exam covers all content areas in the book in the same percentages that they are covered on the actual NCLEX RN test plan Practice questions on delegation prioritization and triage disaster management emphasize these areas on the NCLEX exam Companion Evolve website provides 25 new Next Generation NCLEX NGN style questions plus all alternate item format questions including multiple response prioritizing ordered response fill in the blank figure illustration hot spot chart exhibit video and audio questions Question categories on Evolve are organized by cognitive level client needs area integrated process and content area allowing completely customizable exams or study sessions UNIQUE Audio review summaries on Evolve cover pharmacology acid base balance and fluids and electrolytes **Pearson Health Professional's Drug Guide 2013-2014** Margaret T. Shannon,Billie A. Wilson,Kelly Shields,2013 Pearson Health Professional s Drug Guide 2013 2014 is a current and reliable reference designed to provide comprehensive information needed to make appropriate decisions regarding drug administration This is the drug guide preferred by physician assistants physical therapists occupational therapists and all health care professionals who need accurate easily accessed information about their patients medications Comprehensive yet user friendly this handy resource

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Critical Heart Disease in Infants and Children E-Book Ross M. Ungerleider,Kristen Nelson McMillan,David S. Cooper,Jon N. Meliones,Jeffrey Jacobs,2018-09-26 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Pediatric Surgery Now in brilliant full color and reflecting recent significant changes in the field Critical Heart Disease in Infants and Children 3rd Edition keeps you abreast of the skills and knowledge required to safely care for children with congenital and acquired heart disease in the ICU Pediatric intensivists cardiologists cardiac surgeons and anesthesiologists from leading centers around the world provide a well rounded perspective on basic scientific principles medical and pharmacologic treatments surgical techniques and equipment Features comprehensive updates throughout the text including indications techniques potential complications in perioperative management of patients and surgical techniques for congenital heart disease Covers recent advances in the treatment of pulmonary hypertension developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Features an all new full color format that speeds navigation and helps clarify complex concepts Contains 27 new chapters with an emphasis on the team approach to patient care in the ICU including creating multidisciplinary teams quality and performance improvement training and challenges and solutions to developing a cohesive team environment Includes a detailed chapter on bedside ultrasound walking you through the techniques you're most likely to encounter in the ICU Employs well documented tables text boxes and algorithms to make clinical information easy to access and more than two dozen video clips provide a more complete understanding of echocardiography imaging modalities pulmonary hypertension and more Describes the basic pharmacology and clinical applications of new pharmacologic agents Examines issues affecting adults with congenital heart disease Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices Offers four completely new chapters Cardiac Trauma Congenital Heart Disease in the Adult Congenitally Corrected Transposition of the Great Arteries and Outcome Evaluation Describes the basic pharmacology and clinical applications of all of the new pharmacologic agents Details important refinements and developments in surgical techniques including the Ross pulmonary autograft replacement of the aortic valve video assisted fluoroscopy and the extracardiac Fontan connection and discusses their indications and potential complications Explores the latest advances in the treatment of pulmonary hypertension new developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Examines issues affecting adults with congenital heart disease

Clinical Manual and Review of Transesophageal Echocardiography, 3/e Joseph Mathew,Madhav Swaminathan,Chakib Ayoub,2019-01-09 The acclaimed full color clinical manual and review of TEE completely updated to reflect the field's latest breakthroughs and developments Doody's Core Titles for 2021 Clinical Manual and Review of Transesophageal Echocardiography Third Edition

is written to be the field's go-to resource and the standard reference textbook on the topic. It offers concise yet comprehensive coverage of the key principles, concepts, and developing practice of transesophageal echocardiography. Completely updated, reorganized, and expanded, this Third Edition features a sectional format, each containing chapters that were reviewed and revised to provide a comprehensive discussion of physiology, pathophysiology, and echocardiographic approach for normal and common disease states. Where possible, important clinical information has been aligned with the principles of cardiovascular physiology and echocardiographic techniques. Narrative text, charts, videos, and graphs have been effectively integrated to provide rapid access to key clinical information for the purpose of improving clinical management. Features: Addresses all the important clinical and technical issues and major exam topics. Valuable appendices detailing normal chamber dimensions and volumes, wall motion, and coronary perfusion, diastolic function, native valve areas, velocities, and gradients, and measurements and calculations. Contributions from leading anesthesiologists, cardiologists, and cardiothoracic surgeons. A complete practice exam and chapter-ending multiple-choice questions make this the perfect review for board examinations in both basic and advanced perioperative echocardiography. **New Jersey Register**, 2013

EBOOK Westmead Anaesthetic Manual Anthony Padley, 2015-07-06. The Westmead Anaesthetic Manual has been assisting anaesthetists and other acute care doctors and nurses to save patient lives and improve patient safety care for the past 15 years. This fourth edition continues to present a step-by-step guide to anaesthetic practice. It has been fully revised and updated to reflect current best practice in the management of almost every type of anaesthetic emergency. Examples include the latest cardiac arrest management guidelines from the Australian Resuscitation Council, management of the Can't Intubate/Can't Oxygenate situation, the most current recommendations for the management of anaphylaxis from the ANZCA Anaesthetic Allergy Group. No other anaesthetic manual on the market is as compact, comprehensive, and user-friendly as the Westmead Anaesthetic Manual. It is the book you need when dealing with the complex, the unexpected, and the dreaded in anaesthetic practice. Anthony P. Padley, MBBS, UNSW, FANZCA, is a Senior Staff Specialist Anaesthetist at Westmead Hospital and a VMO Anaesthetist at Westmead Private Hospital. **Title 14 Aeronautics and Space Parts 110 to 199 (Revised as of January 1, 2014)** Office of The Federal Register, Enhanced by IntraWEB, LLC, 2014. The Code of Federal Regulations Title 14 contains the codified Federal laws and regulations that are in effect as of the date of the publication pertaining to aeronautics, air transportation, aviation, including large and small aircraft such as commercial airplanes, helicopters, balloons, and gliders, and space exploration, including areas overseen by the FAA and NASA. *The NeuroICU Book, Second Edition* Kiwon Lee, 2017-09-15. The acclaimed protocol-based guide to neurocritical care, essential for daily practice and the boards. An immediate classic, this groundbreaking text is based on the premise that neurointensivists must be trained to handle not only the brain but the entire body. The NeuroICU Book, Second Edition, does not limit coverage to the brain and spine; it spans all organ insufficiencies and failures along with neurologic illnesses. Thoroughly updated to keep pace with all the advances

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Merck Manual Home Health Handbook Robert S. Porter,Justin L. Kaplan,Barbara P. Homeier,Richard K.

Albert,2009-10-13 The home reference guide for all health conscious readers that is packed full of essential information in an easy to read style *Rudolph's Pediatrics, 23rd Edition* Mark W. Kline,Susan M. Blaney,Angelo P. Giardino,Jordan S.

Orange,Daniel J. Penny,Gordon E. Schutze,Lara S. Shekerdemian,Abraham M. Rudolph,Colin D. Rudolph,2018-08-21

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