

THE ULTIMATE CPR GUIDE

EVERYTHING YOU NEED TO KNOW FOR ADULT, CHILD, INFANT AND PET CPR

5 STEPS TO PERFORMING CPR



ADULT

1. **Move to adult unconscious victim**
Check for responsiveness and safety. If no response, call 9-1-1.
2. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
3. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
4. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.
5. **Check for normal breathing and pulse**
If no pulse, start CPR again.
6. **Continue CPR until help arrives**
Perform CPR until medical help arrives or the victim begins to breathe.

CHILD

1. **Move to child unconscious victim**
Check for responsiveness and safety. If no response, call 9-1-1.
2. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
3. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
4. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.
5. **Check for normal breathing and pulse**
If no pulse, start CPR again.
6. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
7. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
8. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.

INFANT

1. **Move to infant unconscious victim**
Check for responsiveness and safety. If no response, call 9-1-1.
2. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
3. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
4. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.
5. **Check for normal breathing and pulse**
If no pulse, start CPR again.
6. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
7. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
8. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.

PET

1. **Move to pet unconscious victim**
Check for responsiveness and safety. If no response, call 9-1-1.
2. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
3. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
4. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.
5. **Check for normal breathing and pulse**
If no pulse, start CPR again.
6. **Give 2 rescue breaths**
Pinch nose, place mouth over victim's mouth, and give 2 breaths.
7. **Perform 30 chest compressions**
Push hard and fast in the center of the chest.
8. **Repeat**
Continue cycles of 30 compressions and 2 breaths until help arrives.



CONTINUE COMPRESSIONS OF 30 COMPRESSIONS AND 2 BREATHS UNTIL:



• The victim begins to breathe

• An AED is ready to use

• A medical responder arrives

• They are too exhausted to continue

Cpr Manual 2013

A Gutmann

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Veterinary Technician's Manual for Small Animal Emergency and Critical Care Christopher L. Norkus, 2018-09-13
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Pediatric Advanced Life Support Study Guide Barbara Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification. Pediatric Advanced Life Support Study Guide Fourth Edition provides a clear and complete approach to managing pediatric emergencies. Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies. The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material comprehension. Case studies at the end of appropriate chapters for practice with real world material application. Clear procedural explanations written in descriptive yet accessible language. A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study. PALS Pearl boxes for text to everyday clinical application. In text references for deeper research if desired.

Respiratory Care: Principles and Practice Hess, Neil R. MacIntyre, William F. Galvin, Shelley C. Mishoe, 2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise. Taught in leading respiratory care programs in the U.S. it continues to be the top choice for instructors and students alike. The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools. A complete and up to date exploration of the technical and professional aspects of respiratory care. With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more. With content cross references the NBRC examination matrices. Respiratory Care Principles and Practice Third Edition is the definitive resource for today's successful RT.

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is written to be the field's go to resource and the standard reference textbook on the topic. It offers concise yet comprehensive coverage of the key principles, concepts and developing practice of transesophageal echocardiography. Completely updated, reorganized and expanded, this Third Edition features a sectional format, each containing chapters that were reviewed and revised to provide a comprehensive discussion of physiology, pathophysiology and echocardiographic approach for normal and common disease states. Where possible, important clinical information has been aligned with the principles of cardiovascular physiology and echocardiographic techniques. Narrative text, charts, videos and graphs have been effectively integrated to provide rapid access to key clinical information for the purpose of improving clinical management. Features: Addresses all the important clinical and technical issues and major exam topics. Valuable appendices detailing normal chamber dimensions and volumes, wall motion and coronary perfusion, diastolic function, native valve areas, velocities and gradients and measurements and calculations. Contributions from leading anesthesiologists, cardiologists and cardiothoracic surgeons. A complete practice exam and chapter ending multiple choice questions make this the perfect review for board examinations in both basic and advanced perioperative echocardiography. **New Jersey Register**, 2013

EBOOK *Westmead Anaesthetic Manual* Anthony Padley, 2015-07-06 The Westmead Anaesthetic Manual has been assisting anaesthetists and other acute care doctors and nurses to save patient lives and improve patient safety care for the past 15 years. This fourth edition continues to present a step by step guide to anaesthetic practice. It has been fully revised and updated to reflect current best practice in the management of almost every type of anaesthetic emergency. Examples include the latest cardiac arrest management guidelines from the Australian Resuscitation Council, management of the Can't Intubate Can't Oxygenate situation, the most current recommendations for the management of anaphylaxis from the ANZCA Anaesthetic Allergy Group. No other anaesthetic manual on the market is as compact, comprehensive and user friendly as the Westmead Anaesthetic Manual. It is the book you need when dealing with the complex, the unexpected and the dreaded in anaesthetic practice. Anthony P Padley MBBS UNSW FANZCA is a Senior Staff Specialist Anaesthetist at Westmead Hospital and a VMO Anaesthetist at Westmead Private Hospital.

Title 14 Aeronautics and Space Parts 110 to 199 (Revised as of January 1, 2014) Office of The Federal Register, Enhanced by IntraWEB, LLC, 2014 The Code of Federal Regulations

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The

Merck Manual Home Health Handbook Robert S. Porter, Justin L. Kaplan, Barbara P. Homeier, Richard K.

Albert, 2009-10-13 The home reference guide for all health conscious readers that is packed full of essential information in an easy to read style

Rudolph's Pediatrics, 23rd Edition Mark W. Kline, Susan M. Blaney, Angelo P. Giardino, Jordan S.

Orange, Daniel J. Penny, Gordon E. Schutze, Lara S. Shekerdemian, Abraham M. Rudolph, Colin D. Rudolph, 2018-08-21

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Canadian Book

Review Annual Joyce M. Wilson, 2002-06 **Harrison's Principles of Internal Medicine 19th Edition and Harrison's Manual of Medicine 19th Edition (EBook)VAL PAK** J. Larry Jameson, Anthony S. Fauci, Dennis L. Kasper, Stephen L. Hauser, Dan L. Longo, Joseph Loscalzo, 2017-11-18 SPECIAL OFFER SAVE WHEN YOU PURCHASE HARRISON'S PRINCIPLES OF INTERNAL MEDICINE 19e ALONG WITH THE COMPANION HARRISON'S MANUAL This dollar saving Harrison's bundle includes these two great resources Harrison's Principles of Internal Medicine Nineteenth Edition Through six decades no resource has matched the authority esteemed scholarship and scientific rigor of Harrison's Principles of Internal Medicine Capturing the countless advances and developments across the full span of medicine the 19th edition of Harrison's provides a complete update of essential content related to disease pathogenesis clinical trials current diagnostic methods and imaging approaches evidence based practice guidelines and established and newly approved treatment methods Here are just a few of the outstanding features of the Nineteenth Edition Presented in two volumes Volume 1 is devoted to foundational principles cardinal manifestations of disease and approach to differential diagnosis Volume 2 covers disease pathogenesis and treatment NEW chapters on important topics such as Men's Health The Impact of Global Warming on Infectious Diseases Fatigue and many more Critical updates in management and therapeutics in Hepatitis Coronary Artery Disease Ebola Virus Disease Multiple Sclerosis Diabetes Hypertension Deep Vein Thrombosis and Pulmonary Embolism Acute and Chronic Kidney Disease Inflammatory Bowel Disease Lipoprotein Disorders HIV and AIDS and more Increased number of the popular Harrison's clinical algorithms clinically relevant radiographic examples spanning hundreds of diseases clinical pathological images in full color crystal clear full color drawings and illustrations and helpful tables and summary lists that make clinical application of the content faster than ever Access to outstanding multi media resources including practical videos demonstrating essential bedside procedures physical examination techniques endoscopic findings cardiovascular findings and more The package also includes Harrison's Manual of Medicine Nineteenth Edition Harrison's Manual of Medicine is a concise bedside resource derived from content found in Harrison's Principles of Internal Medicine Nineteenth

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