

THE ULTIMATE CPR GUIDE

EVERYTHING YOU NEED TO KNOW FOR ADULT, CHILD, INFANT AND PET CPR

5 STEPS TO PERFORMING CPR

1 ASSESS SCENE SAFETY



Check your surroundings for safety. If you are in danger, call 9-1-1 first.

2 CHECK FOR RESPONSIVENESS



Ask, "Are you okay?" Tap other person's shoulder and shout, "Are you okay?"

3 LOOK FOR NORMAL BREATHING



Look for normal chest rise and fall.

4 CALL 9-1-1



If no response, call 9-1-1. If you are alone, start CPR immediately. If someone else is available, have them call 9-1-1 and get an AED if available.

5 START CPR



Use hands only CPR. If available, use an AED.

ADULT

STEP 1: HOW TO PERFORM (ADULTS - 18 YRS+)

1 GIVE 30 CHEST COMPRESSIONS



2 GIVE 2 RESCUE BREATHS



STEP 2: HOW TO PERFORM (ADULTS)

3 GIVE CHEST COMPRESSIONS



STEP 3: HOW TO HELP A CONSCIOUS ADULT



2 CONTINUE ABDOMINAL THRUSTS UNTIL:

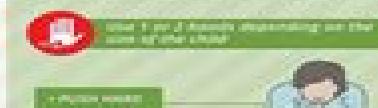
This patient is found well.
This patient can cough, breathe, or move.
This patient can drink or eat.
This patient is not in shock.

Perform CPR, then seek help.

CHILD

STEP 1: HOW TO PERFORM (CHILDREN - 1-11 YRS)

1 GIVE 30 CHEST COMPRESSIONS



2 GIVE 2 RESCUE BREATHS



STEP 2: HOW TO HELP A CONSCIOUS CHILD



STEP 3: HOW TO HELP A CONSCIOUS CHILD



2 CONTINUE ABDOMINAL THRUSTS UNTIL:

This patient is found well.
This patient can cough, breathe, or move.
This patient can drink or eat.
This patient is not in shock.

Perform CPR, then seek help.

INFANT

STEP 1: HOW TO PERFORM (INFANTS - 1 MO - 1 YR)

1 GIVE 30 CHEST COMPRESSIONS



2 GIVE 2 RESCUE BREATHS



STEP 2: HOW TO HELP A CONSCIOUS INFANT



1 GIVE 5 BACK BLOWS



2 GIVE 5 CHEST THRUSTS

This patient is found well.
This patient can cough, breathe, or move.
This patient can drink or eat.
This patient is not in shock.

Perform CPR, then seek help.

STEP 3: HOW TO HELP A CONSCIOUS INFANT

PET

STEP 1: HOW TO PERFORM PET CPR

1 CHECK FOR BREATHING AND A PULSE



2 IF NO PULSE, START CPR



STEP 2: HOW TO HELP A CONSCIOUS PET



3 RESCUE BREATHS



4 CONTINUE RESCUE BREATHS UNTIL:

This patient is found well.
This patient can cough, breathe, or move.
This patient can drink or eat.
This patient is not in shock.

Perform CPR, then seek help.



CONTINUE COMPRESSION OR 30 COMPRESSIONS AND 2 BREATHS UNTIL:



The victim begins to breathe.

An AED is ready to use.

A trained rescuer arrives.

You are too exhausted to continue.

Cpr Printable Study Guide

Library of Congress

Cpr Printable Study Guide:

Provider's Handbook for Assessing Criminal Conduct and Substance Abuse Clients Kenneth W. Wanberg, Harvey B. Milkman, 2009-11-12 This book provides the tools needed to assess monitor and evaluate the change and progress made by criminal justice clients at the beginning during and after treatment **Study Guide to Accompany Textbook of Basic Nursing** Joyce Young Johnson, Rosdahl, Phyllis Prather Hicks, 1999-03 **CPR Lifesaving Reference Guide (Speedy Study Guide)** Speedy Publishing, 2014-12-07 When a life is at stake you will want to do everything you can to ensure that person makes it out alive When CPR is needed it is crucial to administer the procedure properly This is where CPR Lifesaving reference guides come into play These handy guides will let an individual know the steps needed to complete CPR These guides help save lives in emergencies for people who haven't taken a full CPR course at their local Red Cross Station

Study Guide for Advanced Life Support Ken Grauer, 1984 **ACLS Study Guide** Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit www.ashinstitute.com A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1 8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aide in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points and useful tips for clinical practice Keeping it Simple boxes contain essential information in a clear and concise manner A heart rate ruler is included to help determine heart rate while practicing ECG recognition A 4 x 6 pocket size quick reference card with key ACLS algorithms is included for field use Vascular Access and Medications combined into one chapter to present venous circulation information

with all relevant common medications used during a cardiac related emergency

Resources in Education ,1984

American Red Cross First Aid American Red Cross,2005 ACLS Quick Review Study Guide Barbara Aehlert,1994 The first full color ACLS Advanced Cardiac Life Support study guide in print follows the American Heart Association s topic format to help readers prepare for the ACLS Certification Examination Well organized with current AHA guidelines the guide covers learner objectives algorithms multiple quizzes pretests and post tests to thoroughly cover required material 62 illus 45 in color Tintinalli's Emergency Medicine: A Comprehensive Study Guide, Seventh Edition Judith Tintinalli,J.

Stapczynski,O. John Ma,David Cline,Rita Cydulka,Garth Meckler,2010-11-12 The landmark emergency medicine text is now in full color 17 additional chapters available for download With 418 contributors representing over 120 medical centers around the world Tintinalli s Emergency Medicine is the most practical and clinically rigorous reference of its kind It covers everything from prehospital care disaster preparedness and basic resuscitative techniques to all the major diseases requiring emergency treatment such as pulmonary emergencies renal and GU disorders and hemophilia This authoritative in depth coverage makes this classic text indispensable not only in emergency departments but also for residents and practitioners when studying or preparing for any exam they may face While continuing to provide the most current information for acute conditions the seventh edition of Tintinalli s Emergency Medicine has been substantially revised and updated to cover all of the conditions for which patients seek emergency department care in a concise and easy to read manner NEW Features Full color design with more figures and tables than ever Reader friendly chapter presentation makes it easy to find important material Updated tables covering drugs and important clinical information Patient safety considerations and injury prevention are integrated into chapters as appropriate Total revision of the dermatology section enables diagnosis by lesion description and body area affected and provides current treatment Organ systems sections reorganized to reflect considerations for actual clinical practice New chapters New adult chapters include Natural Disasters Aneurysms of the Aorta and Major Arteries Hip and Knee Pain Aortic Dissection Acute Urinary Retention Subarachnoid Hemorrhage and Intracranial Bleeding Clotting Disorders Community acquired Pneumonia and Noninfectious Pulmonary Infiltrates Type I Diabetes Type II Diabetes Anemia Tests of Hemostasis Clotting Disorders Head Injury in Adults and Children the Transplant Patient Grief Death and Dying and Legal Issues in Emergency Medicine Twelve new pediatric chapters including The Diabetic Child Hematologic Oncologic Emergencies Ear and Mastoids Eye Problems in Infants and Children Neck Masses GI Bleeding Nose and Sinuses Urologic and Gynecologic Procedures in children Renal emergencies in children Behavioral and Psychiatric Disorders in children Pediatric Procedures Pediatric ECG Interpretation Greater coverage of procedures throughout for the most common conditions seen in the emergency department Available content for download includes an additional 17 chapters such as Hyperbaric Oxygen Therapy Principles of Imaging Prison Medicine Military Medicine The Violent Patient Forensics Wound Ballistics and Drug Interactions Free downloads also feature videos and animations for

teaching and learning performance of important procedures especially Ultrasound Guided Procedures **Pediatric Advanced Life Support Course Guide** American Heart Association,2006 At head of title American Heart Association
CPR And First Aid Care (Speedy Study Guides) MDK Publishing,2015-04-28 Who says you need videos to learn CPR This powerful guide will give you a step by step instruction to CPR and first aid care This guide should be given to all first aid rescuers even to moms and dads caring for little children With this guide you will hold the power to save someone else's life Buy a copy today *Emergency* ,1988 **Books in Print Supplement** ,2002 Audiovisual Materials ,1980
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