

# Heartsaver CPR Review Sheet



American  
Heart  
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CENTER

## CPR Skills for Adults

- Look around to see if it is safe to approach
- Tap the victim's shoulder and shout "Are you okay?"
- If the victim doesn't respond, have someone call 911 and get an AED.
- Check for breathing for 5-10 seconds by looking at their chest.
- If no breathing, start with 30 chest compressions on the lower half of the breastbone.
- The rate should be at least 100 compressions per minute, pushing down at least 2 inches.
- Open the airway and give 2 breaths using a pocket mask.
- Continue sets of 30 compressions and 2 breaths until help arrives to take over, the AED arrives, or you are too tired to continue.

## CPR Skills for Child

- Make sure the scene is safe to approach
- Tap the child's shoulder and shout "Are you okay?"
- If the child doesn't respond, have someone call 911 and get an AED.
- Check for breathing for 5-10 seconds by looking at their chest.
- If no breathing, begin 30 chest compressions on the lower half of the breastbone with one or two hands.
- The rate should be at least 100 compressions per minute, pushing down approx. 2 inches.
- Open the airway and give 2 breaths using a pocket mask.
- Continue sets of 30 compressions and 2 breaths until help arrives to take over, the AED arrives, or you are too tired to continue.

## Infant BLS CPR certification

- Make sure the scene is safe to approach
- Tap the baby's feet and shout "Are you okay?"
- If the infant doesn't respond, have someone call 911 and get an AED.
- If no breathing, begin CPR. Start with 30 chest compressions using 2 fingers on the chest, just below the nipple line.
- The rate should be at least 100 compressions per minute, pushing down about 1 ½ inches.
- Open the airway and give 2 breaths using a pocket mask.
- Continue sets of 30 compressions and 2 breaths until help arrives to take over, the AED arrives, or you are too tired to continue.
- **Child/Infant unwitnessed unresponsiveness:** If a lone rescuer finds an unresponsive child or infant who is not breathing, or only gasping, the rescuer should perform 5 cycles (about 2 min) of CPR before leaving them to activate EMS. (Many infants and children are thought to develop respiratory arrest before they develop cardiac arrest. If such children receive prompt CPR before development of cardiac arrest, they have a high survival rate. If the rescuer leaves a child with respiratory arrest to phone EMS, the child may progress to cardiac arrest, and the chance of survival will be much lower.)

# Cpr Review Sheet 2014

**Michael Seilmaier**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## Cpr Review Sheet 2014:

*Clinical Nursing Skills and Techniques - E-Book* Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2017-01-16 NEW Clinical Debriefs are case based review questions at the end of each chapter that focus on issues such as managing conflict care prioritization patient safety and decision making NEW Streamlined theory content in each chapter features a quick easy to read bullet format to help reduce repetition and emphasize the clinical focus of the book NEW Sample documentation for every skill often includes notes by exception in the SBAR format NEW SI units and using generic drug names are used throughout the text to ensure content is appropriate for Canadian nurses as well Critical Care Nursing - E-Book Linda D. Urden, Kathleen M. Stacy, Mary E. Lough, 2021-02-18 Winner of the 2nd place American Journal of Nursing Book of the Year award in emergency critical care nursing for 2021 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Prepare for success in today's high acuity progressive and critical care settings Critical Care Nursing Diagnosis and Management 9th Edition helps you understand and apply critical care nursing principles and concepts to clinical assessment diagnostic procedures and therapeutic management Known for its comprehensive coverage this leading textbook uses a logical body systems organization to address the care of patients with physiological alterations New to this edition are illustrated Patient Centered Critical Care features aimed at humanizing the ICU as well as Next Generation NCLEX Exam style case studies to help you further develop your clinical judgment skills and prepare for the latest nursing licensure exam Also ideal for CCRN and PCCN exam preparation this book is a one stop resource on the concepts and skills required for critical care nursing Time tested high quality content addresses all aspects of today's high acuity progressive and critical care nursing Consistent organization within each body system unit provides an efficient framework for learning for CCRN and PCCN certification preparation and for reference in clinical practice Comprehensive evidence based content is highly referenced and includes internet resources for further research and study Enhanced Quality and Safety Education for Nurses QSEN integration links text content to QSEN competencies through the addition of QSEN related questions in case studies QSEN labeled features and boxes QSEN content icons and highlighted QSEN information **WHO neonatal resuscitation manikin**, 2021-10-15 The United Nations Commission on Life Saving Commodities UNCLSC 2012 defined 13 health products to end preventable deaths of woman and children One of those 13 products is the neonatal resuscitator is indispensable medical device to save newborns from asphyxia at birth For the efficient use of neonatal resuscitation training of healthcare professionals using neonatal resuscitation manikins is the most effective approach Critical lifesaving trainings calls for the need of neonatal resuscitation manikins with the right features The purpose of the WHO neonatal resuscitation manikin technical specifications is to provide a minimum standard baseline to meet the increasing demand to procure good quality affordable accessible and appropriate neonatal resuscitation manikins Towards the development of this baseline this document includes compilation of available scientific evidence from technical literature international publications expert

reviews and an industry survey which was conducted by WHO medical devices team      **Sheehy's Emergency Nursing**  
Emergency Nurses Association, 2019-08-15 Selected for Doody's Core Titles 2024 in Emergency Care Written by emergency  
nurses for emergency nurses Sheehy's Emergency Nursing Principles and Practice 7th Edition covers the issues and  
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non narcotic use for treatment of pain and increasing rates of addiction NEW Discussion of transgender patients covers how  
to work with this unique population NEW Full color photo insert      **Primer on Anxiety Disorders** Daniel Pine, Kerry  
Ressler, Barbara Olasov Rothbaum, 2015 The Primer on Anxiety Disorders provides early stage practitioners and trainees as  
well as seasoned clinicians and researchers with need to know knowledge on diagnosis and treatment Clinical cases are used  
throughout the book to enhance understanding of and illustrate specific disorders comorbid conditions and clinical issues To  
facilitate an integrative approach content allows clinicians to understand patient characteristics and tailor interventions

**Applying the Roper-Logan-Tierney Model in Practice - E-Book** Karen Holland, Jane Jenkins, 2019-03-11 New edition  
of a successful textbook which demonstrates the theory and practice of one of the most popular models of nursing Karen  
Holland Jane Jenkins and their colleagues carefully explain and explore how the Roper Logan Tierney Model can help today's  
student learn how to care for patients in a variety of health care contexts and use it as a framework for their nursing practice  
Rich with real life case studies and thought provoking exercises this book has a helpful problem solving approach which

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**School Nursing** Janice Selekman, Robin Adair Shannon, Catherine F Yonkaitis, 2019-07-01 Produced in cooperation with the National Association of School Nurses this text includes comprehensive coverage of the multiple facets of school nursing from the foundations of practice and the roles and functions of a school nurse through episodic and chronic illness and behavioral issues to legal issues and leading and managing within school settings Written and edited by school nurses and pediatric experts it features real world tested best practices based on evidence and experience There s content here that you won t find in other books such as health assessments individualized health plan development mental health conditions including adolescent depression contemporary legal issues and current policy statements essential to school nursing

**Iron & Coal Trades Review** ,1924 Vol 115 includes Diamond jubilee issue 1867 1927

**Report to the Governor and the General Assembly ...** Illinois. Department of Children and Family Services. Office of Inspector General, 2016

**Safety and Health at Work, ILO-CIS Bulletin** ,1989

Safety and Health at Work ,1989

Ulrich's International Periodicals Directory Carolyn Farquhar Ulrich, 1999 Contains essential bibliographic and access information on serials published throughout the world

*Strange and Schafermeyer's Pediatric Emergency Medicine, Fifth Edition* Robert W. Schafermeyer, Milton Tenenbein, Charles G. Macias, Ghazala Sharieff, Loren Yamamoto, 2018-09-22 Concise current need to know coverage of emergency medicine in children presented in full color Endorsed by the American College of Emergency Physicians a comprehensive and current resource for anyone who cares for children in an acute setting from the office to the emergency department Its presentation is straightforward and the information is easy to read and assimilate It will be a valuable resource for those in the field of pediatric emergency medicine as well as other practitioners who occasionally care for sick children JAMA reviewing an earlier edition This clinically focused guide covers the entire field of pediatric emergency medicine Featuring a strong focus on practical need to know information

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