

CULTURAL COMPETENCE AND PSYCHOTHERAPY: APPLYING ANTHROPOLOGICALLY INFORMED CONCEPTIONS OF CULTURE

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The authors apply two contemporary notions of culture to advance the conceptual basis of cultural competence in psychotherapy: Kleinman's (1995) definition of culture as what is at stake in local, social worlds, and Mattingly and Lawlor's (2001) concept of shared narratives between practitioners and patients. The authors examine these cultural constructs within a clinical case of an immigrant family caring for a young boy with an autism-spectrum disorder. Their analysis suggests that the socially based model of culture and the concept of shared narratives have the potential to broaden and enrich the definition of cultural competence beyond its current emphasis on the presumed cultural differences of specific racial and ethnic minority groups.

Keywords: culture, psychotherapy, cultural competence, narratives, autism

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Mental health services have historically not been responsive to the mental health needs of racial and ethnic minority groups in the United States (U.S. Department of Health & Human Services, 2001). Minority group members with diagnosable disorders are less likely than majority group members to use mental health services (e.g., Barrio et al., 2003) and to receive quality mental health care (e.g., Meltz, Croghan, Hanna, & Robinson, 2000). As one effort to address these noted disparities, numerous clinical scholars and researchers have argued that mental health systems and practitioners need to integrate a cultural perspective in providing services to these communities (e.g., Hall, 2001). Generally speaking, initiatives aimed at increasing cultural competence take two basic forms. At the institutional level, hiring practitioners who are knowledgeable of the communities they serve and who speak the languages of those communities are examples of ways institutions can move in the direction of cultural competence (Betancourt, Green, Carrillo, Ananeh-Firempong, 2003; Guarnaccia, Vega, & Bonner, 2006). At the clinical level, clinicians are encouraged to integrate cultural matters in their assessments and interventions (e.g., cultural formulation, Lewis-Fernandez & Diaz, 2002).

Despite the acknowledged need for mental health care to incorporate a cultural perspective, there are significant empirical and conceptual limitations to the study of cultural competence. Currently, there is no evidence that clinicians who adhere to a given culturally competent approach provide better mental health care than those clinicians who do not adhere to such an approach. Perhaps the best evidence in support of cultural competence concerns ethnic and linguistic match. Sue and colleagues (1991) indicate that Mexican- and Asian-origin patients in a public mental health system who receive services from clinicians who are ethnically and linguistically

Culture Psychotherapy Theory Applications Perspective

Dave Capuzzi, Mark D. Stauffer



Culture Psychotherapy Theory Applications Perspective:

A Theory-based Approach to Art Therapy Ephrat Huss, 2015-05-15 Art therapy literature is often based either on practice in a specific setting art material or population or if taking a more theoretical focus on illustrative case studies This book provides a theory based approach to research teaching and practicing art therapy including verbal and arts based techniques settings art processes and analyses and the principles of supervision evaluation and research It also offers an overview and discussion of how the different orientations of psychological and social theories are interpreted and implemented by art therapy The book provides an integrative perspective that anchors methodology within a rigorous theoretical background Focusing on three sub groups of Dynamic Humanistic and Systemic social theories each chapter outlines the central concepts of varying sub theories within a general heading and their interpretation from an art therapy perspective Ephrat Huss explores the respective and shifting roles of art client and therapist through each theory demonstrating the practical implications for creating a coherent intervention that informs all parts of the setting therapy client evaluation and supervision A Theory based Approach to Art Therapy draws on the latest research in the field and will be a valuable text for art therapy theorists educators students and researchers as well as for other social practitioners interested in understanding how to integrate the arts into their practice

Handbook of Racial-Cultural Psychology and Counseling, Volume 2 Robert T. Carter, 2004-11-12 This two volume handbook offers a thorough treatment of the concepts and theoretical developments concerning how to apply cultural knowledge in theory and practice to various racial and cultural groups Volume Two focuses on practice and training and addresses such topics as assessment testing group therapy occupational therapy supervision ethics couples and family therapy continuing education

An Intersectional Approach to Sex Therapy Reece M. Malone, Marla Renee Stewart, Mariotta Gary-Smith, James C. Wadley, 2021-12-20 When a Black Indigenous or racialized individual or relationship works with a sex therapist a host of cultural circumstances can contribute to intimacy discord and sexual dysfunction This collection brings together clinicians and educators who share their approaches bridging sex therapy with a client's relationship to their racial cultural and ethnic identity This essential book aims to enhance therapists supervisory practices and clinical treatments when working with culturally diverse and marginalized populations fostering greater understanding and awareness Innovative tools that integrate the impacts of acculturation minority status intersectionality and minority stress are discussed with case studies demonstrations and critical questions included This collection is a necessary read for anyone who is training to be or who is an established sex therapist marriage and family therapist relationship counselor or sexuality educator and consultant

Handbook of Racial-cultural Psychology and Counseling: Theory and research Robert T. Carter, 2004 This two volume handbook offers a thorough treatment of the concepts and theoretical developments concerning how to apply cultural knowledge in theory and practice to various racial and cultural groups Volume One focuses on theory and research and covers acculturation language and

culture social class ethical research and emerging areas of inquiry 0D0A *Culture and Psychotherapy* Wen-Shing Tseng,2015-12-01 Psychotherapy is informed and enriched by the therapist's knowledge of different cultural perspectives In order to provide suitable psychotherapy the therapist needs to consider the cultural dimensions of patients as well as their biological and psychological dimensions This book examines culture and psychotherapy from a worldwide perspective so that the basic nature of human beings can be examined and at the same time the possible cultural variations that exist among them can be elaborated for more meaningful comparisons and understanding Authored solely by Wen Shing Tseng this book deals with the concepts knowledge theory and actual clinical application of culture competent psychotherapy **Measuring the Effects of Racism** Robert T. Carter,Alex L. Pieterse,2020-07-21 A large body of research has established a causal relationship between experiences of racial discrimination and adverse effects on mental and physical health In *Measuring the Effects of Racism* Robert T Carter and Alex L Pieterse offer a manual for mental health professionals on how to understand assess and treat the effects of racism as a psychological injury Carter and Pieterse provide guidance on how to recognize the psychological effects of racism and racial discrimination They propose an approach to understanding racism that connects particular experiences and incidents with a person's individual psychological and emotional response They detail how to evaluate the specific effects of race based encounters that produce psychological distress and possibly impairment or trauma Carter and Pieterse outline therapeutic interventions for use with individuals and groups who have experienced racial trauma and they draw attention to the importance of racial awareness for practitioners The book features a racial trauma assessment toolkit including a race based traumatic stress symptoms scale and interview schedule Useful for both scholars and practitioners including social workers educators and counselors *Measuring the Effects of Racism* offers a new framework of race based traumatic stress that helps legitimize psychological reactions to experiences of racism **"Code of Massachusetts regulations, 2015"** ,2015 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 **Perspectives on Theory for the Practice of Occupational Therapy** Kay F. Walker,Ferol Menks Ludwig,2004 An updated edition of *Perspectives on Theory for the Practice of Occupational Therapy* this current edition provides a thorough review of selected theorists whose lives and works have influenced the direction and development of clinical practice in occupational therapy **"Code of Massachusetts regulations, 2016"** ,2016 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020 **Multicultural Counseling and Human Development Theories** Robert Murray Thomas,2000 The counseling plan is founded on the proposition that each human development theory contributes a particular useful way of viewing a client's problem and suggests what sort of help might be appropriate BOOK JACKET Biological, Clinical and Cultural Perspectives Martin Roth,Russell Noyes,Graham Dene Burrows,1988 **Handbook of Cross-Cultural Counseling and Therapy** Paul Pedersen,1987-08-19 This is a comprehensive and well elaborated review of

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Theory and Practice of Counseling and Psychotherapy Gerald Corey,1991 This revision of Gerald Corey s best selling text introduces students to the major theories of counseling psychoanalytic Adlerian existential person centered Gestalt reality behavior cognitive behavior family systems feminist and NEW to this edition postmodern approaches and demonstrates how each theory can be applied to a single case Stan Reviewed by 27 of the field s leading experts Corey s Seventh Edition covers the major concepts of counseling theories shows students how to apply those theories in practice and helps them learn to integrate the theories into an individualized counseling style Incorporating the thinking feeling and behaving dimensions of human experience Corey offers an easy to understand text that helps students compare and contrast the therapeutic models This book is the center of a suite of products that include a revised student manual a revised casebook a companion text and an all new CD ROM

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