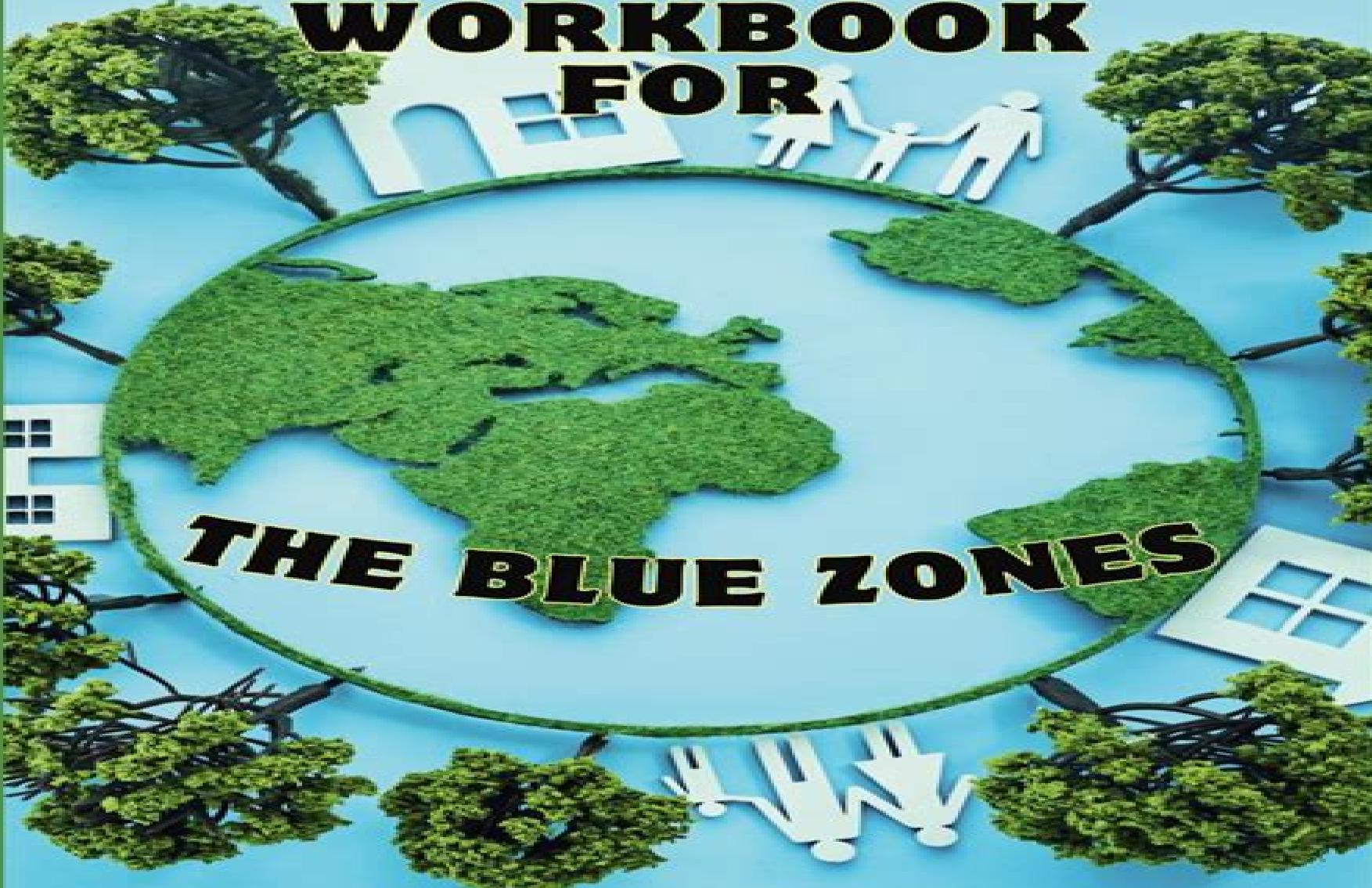


# ANALYSIS AND WORKBOOK FOR



## THE BLUE ZONES

*Longevity Secrets*

# Longevity Secrets Complete Workbook

**Susan-Jane Beers**

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