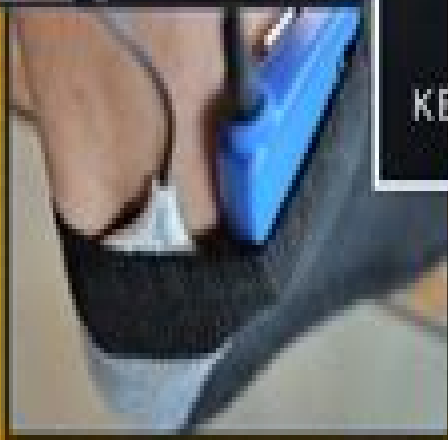
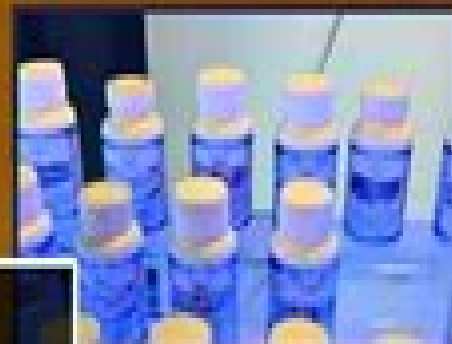


# ESSENTIAL BIOHACKING TOOLS

KEY TECHNOLOGY FOR HUMAN OPTIMIZATION



# 2026 Guide Biohacking Manual

**Michael Brown**



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