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web example consider a technique where 30 of flexion is combined with 60 of rotation and 20 of sidebending if the flexion is applied first there will be a tendency to use more than the desired 30 the technique will still work but it will be found that the other levers have been decreased by the same

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web making the technique much stronger tips try extending the neck with the kneading hand or fixing with this and extending with the other try using both hands together 21.2.6 kneading of soft tissues supine this operator viewpoint photograph shows the hold illustrated in photograph 21.1 note that even though the

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