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reaching changes The Outward Mindset presents compelling true stories to illustrate the gaps that individuals and organizations typically experience between their actual inward mindsets and their needed outward mindsets And it provides simple yet profound guidance and tools to help bridge this mindset gap This new edition includes a new preface updated case studies and new material covering Arbingers s latest research on mindsets In the long run changing negative behavior without changing one s mindset doesn t last the old behaviors always reassert themselves But changing the mindset that causes the behavior changes everything

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