

A photograph of three elderly people embracing outdoors. A woman in the center is laughing joyfully, her mouth wide open. To her left is a person with short grey hair, and to her right is a man with white hair. They are all wearing bright, colorful clothing: yellow, purple, and orange. The background is a soft-focus green, suggesting a park or garden setting. A semi-transparent pink and yellow gradient banner is overlaid across the middle of the image, containing text.

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# **Longevity Secrets from Cultures Around the World**

# Longevity Secrets Community Favorite

**Chauncey Mitchell Depew**



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