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IMPORTANT WAYS TO HEAL TRAUMA



1. SELF-EDUCATION



2. TRAUMA-INFORMED TREATMENT APPROACHES



3. PHYSICAL MOVEMENT, BREATHING AND MEDITATION PRACTICES



4. HUMAN CONNECTION: RELATIONAL HEALING

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helpful as this is a difficult area for many clinicians. The manual will serve as an excellent reference for practitioners and dental students who have a good working knowledge of dental traumatology. *Journal of Orthodontics* Overall this book is excellent and I believe would be an essential member of a dentist's library. It is the sort of book that can be quickly read and information and guidance can be located easily when the need arises. The price makes the book very affordable and I wholeheartedly recommend it as an essential reference source for the general dentist and dental student. *Australian Endodontic Journal* BY THE SAME AUTHORS Textbook and Color Atlas of Traumatic Injuries to the Teeth Fourth Edition Edited by J O Andreasen F M Andreasen and L Andersson ISBN 9781405129541 *Oral and Maxillofacial Surgery* Edited by L Andersson K E Kahnberg and M A Pogrel ISBN 9781405171199 DVD animations can be found by entering the ISBN at Booksupport.wiley.com

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