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Complete Book on Correctives, Therapeutic Exercises, Sports Injuries and Massage Dr. V.D. Bindal, 2021-05-17 With increasing growth faults and postural defects among children application of corrective physical education becomes more significant as the regular type of physical education programme and activities will not meet out safely the physical and psychological needs of weak and underdeveloped children as the normal boys and girls will do The book Complete Book on Correctives Therapeutic Exercise Sports Injuries and Massage is divided into 5 sections and 19 chapters containing various aspects of corrective physical education postural defects therapeutic exercise rehabilitation prevention and treatment of sports injuries common therapeutic modalities and various aspects of massage and the description of massage techniques Written in a simple and easy language with plenty of illustrations the book is mainly intended for use as a text book and also as a reference book for the teachers and undergraduate and postgraduate students of physical education and sports B P Ed M P Ed for most of the Indian Universities However the students and professionals of coaching Fitness management physiotherapy and other allied health professions having interest and concern with the subject material may also find it useful to them

Fundamentals of Human Nutrition E-Book Catherine Geissler, Hilary Powers, 2009-07-07 Fundamentals of Human Nutrition is an authoritative overview that will help you understand the complex subject of human nutrition This book is a digest of material from the highly successful Human Nutrition 11th edition Fundamentals is intended for a wide readership of students and practitioners who need a broad understanding of human nutrition but for whom an in depth knowledge is not essential Students and practitioners of nursing pharmacy sports science dentistry and other allied health professions as well as the interested lay person will benefit from its easy to follow concise approach Covers all key aspects of human nutrition Up to date with current issues Explains the epidemiology of diet and disease Considers factors affecting food production trade and access Technical terms explained to help the non specialist Comprehensive glossary aids understanding Key points summarise all chapters

The Complete Book of Men's Health Men's Health Books, 2000-08-22 Provides information on health related topics exercise diet and personal grooming

Essentials of Neonatal Ventilation, 1st edition, E-book Rajiv PK, Satyan Lakshminrusimha, Dharmapuri Vidyasagar, 2018-12-05 This book is an outstanding attempt to standardize bedside neonatal respiratory care by the most researched authentic experts in the world This involves more than sixty authors from the United States the United Kingdom Canada Australia Spain Italy Germany India UAE and China The latest in the arena of neonatal ventilation which holds future promise has been incorporated in this book The experts take you through a real time progression of bedside ventilation practices with the focus on pulmonary and neurological

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