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**Rob Thorpe**

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help you do just that and have fun doing it In her view every part of the process is important idea generation development research planning drafting revising and publication and are all covered here in friendly accessible detail As in her previous book From Chaos to Creativity Kwak helps you set up a system that makes the most of your creative ideas and helps them find their best form and their audience Fiction and nonfiction writers alike can use this book as a muse a checklist and a resource for getting your ideas out of your head and into the world With a foreword by Charlie Gilkey author of Start

Finishing *The Productive Person* Chandler Bolt, James Roper, 2014-03-27 Anyone privileged with the choice of how they spend their time is cursed with a common struggle work life balance Whether you re a student entrepreneur or even stay at home parent dividing your free time between productivity and personal time can be difficult How do you maximize each hour of productivity so that you are only focused on the task at hand leaving you free to do other more enjoyable things And how

do you make sure your free time is truly FREE free of guilt free of stress and free of feeling anxious for not being busy Both of these things require practice and can be tough to implement and manage with your already overloaded schedule In this practical lighthearted and action oriented book James Roper and Chandler Bolt explain how you can be productive with your time without sacrificing your social life and the freedom you cherish By drawing examples from their time as students

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two However our minds are also tantalisingly unpredictable spending worryingly large stretches of time idling or distracting themselves This is a book about how to optimise these beautiful yet fitful instruments so that they can more regularly and generously produce the sort of insights and ideas we need to fulfil our potential and achieve the contentment we deserve We learn among other things how to grasp fragile and flighty thoughts before they disappear through anxiety and fear at what times of day to try to work and for how long how to make use of our boredom and instincts and how to overcome timid and predictable approaches to the largest problems     The Co-operative Productive Review ,1925

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