



# Cooking

## Merit Badge Workbook



This workbook can help you but you still need to read the merit badge pamphlet.

The work space provided for each requirement should be used by the Scout to make notes for discussing the item with his counselor, not for providing the full and complete answers. Each Scout must do each requirement.

No one may add or subtract from the official requirements found in Boy Scout Requirements (Pub. 33216 – SKU 34765).

The requirements were last issued or revised in 2007 • This workbook was updated in November 2013.

Scout's Name: \_\_\_\_\_

Unit: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_

Counselor's Phone No.: \_\_\_\_\_

<http://www.USScouts.Org>

• <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this workbook to: [Workbooks@USScouts.Org](mailto:Workbooks@USScouts.Org)  
Comments or suggestions for changes to the requirements for the merit badge should be sent to: [MeritBadge@Scouting.Org](mailto:MeritBadge@Scouting.Org)

1. Do the following:

- a. Review with your counselor the injuries that might arise from cooking, including burns and scalds, and the proper treatment.


- b. Describe how meat, fish, chicken, eggs, dairy products, and fresh vegetables should be stored, transported, and properly prepared for cooking.

Meat


Fish


Chicken


# Cooking Merit Badge Worksheet

**JG Myers**

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located on the right side of the light blue bar.

## **Cooking Merit Badge Worksheet:**

**Scouting** ,1976-05 Published by the Boy Scouts of America for all BSA registered adult volunteers and professionals Scouting magazine offers editorial content that is a mixture of information instruction and inspiration designed to strengthen readers abilities to better perform their leadership roles in Scouting and also to assist them as parents in strengthening families

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**Associations' Publications in Print** ,1984 1981 in 2 v v 1 Subject index v 2 Title index Publisher title index Association name index Acronym index Key to publishers and distributors abbreviations

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Merit Badge Research Center ,1997 This site is devoted to Scouting advancement You ll find lots of information and resource links to help you work on your advancement requirements OVER 300 PAGES Even though the original focus was on the Boy Scouts of America www MeritBadge com can help boys and girls from many different youth programs and will be expanding its scope to include information on other organizations

Food Preparation Robert G. Haines,1988

Cooking to Learn 2 Lorraine Coxson,Crystalyn Anderson,2001 Consists of reproducible activity worksheets with recipes and instructions for cooking a variety of foods Designed to provide Hands on activities to help students increase their reading comprehension and writing skills

*Professional Cooking, Student Workbook* Wayne Gisslen,2002-06-27 A study guide to accompany the textbook provides exercises on such topics as food safety tools and equipment basic cooking principles and techniques recipes and menus

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### **Cooking Merit Badge Worksheet Introduction**

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